

# Care Cluster: 2 Non-psychotic (Low Severity with greater need)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Communication &amp; interaction skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><i>Moderate Challenges</i></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><i>Minor Challenges</i></p> <ul style="list-style-type: none"> <li>Communication &amp; interaction skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><i>Motivation to engage in daily activity</i></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term activity goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><i>Responsibilities and routines</i></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><i>Outcomes may include:</i></p> <p><i>Communication skills within activity</i></p> <ul style="list-style-type: none"> <li>Develop ability to build and sustain positive relationships with a variety of people while engaged in activity</li> </ul> <p><i>Organisation &amp; problem solving within activity</i></p> <ul style="list-style-type: none"> <li>Develop ability to maintain concentration for consistently completing all of one's routine activities</li> </ul> <p><i>Mobility &amp; coordination within activity</i></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><i>Environment supporting engagement in daily activity</i></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued activities, interest, and a satisfying routine</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Vocational Enablement</li> <li>Vocational guidance, signposting and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measure</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Occupational Self Assessment</li> <li>Occupational Questionnaire</li> <li>Worker Role Interview</li> <li>Work Environment Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-6 Qualified OT.</b></p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Monitoring monthly when commencing employment, Individual Placement and Support or education.</p> <p>Expected duration Range: 1-6 months Average: 3 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-6)</b></p> <p>Range: 13-32 hours Average contact: 20 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Transport</li> <li>Administrative support</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved feeling of being connected through roles</li> <li>Delayed need for other service involvement</li> </ul> <p><b>To organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Improved social return on investment</li> <li>Social inclusion</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> </ul>

# Care Cluster: 3 Non-psychotic (Moderate Severity)

Occupational Therapy							
Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Communication &amp; interaction skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><i>Moderate Challenges</i></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><i>Minor Challenges</i></p> <ul style="list-style-type: none"> <li>Communication &amp; interaction skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><i>Motivation to engage in daily activity</i></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term activity goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><i>Responsibilities and routines</i></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><i>Outcomes may include:</i></p> <p><i>Communication skills within activity</i></p> <ul style="list-style-type: none"> <li>Develop ability to build and sustain positive relationships with a variety of people while engaged in activity</li> </ul> <p><i>Organisation &amp; problem solving within activity</i></p> <ul style="list-style-type: none"> <li>Develop ability to maintain concentration for consistently completing all of one's routine activities</li> </ul> <p><i>Mobility &amp; coordination within activity</i></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><i>Environment supporting engagement in daily activity</i></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued activities, interest, and a satisfying routine</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting engagement in leisure and exercise</li> <li>Vocational Enablement</li> <li>Vocational guidance, signposting and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review Self care, productivity (work) &amp; leisure interventions</li> <li>Reassess</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of activity interventions</b></p> <ul style="list-style-type: none"> <li>Complete Occupational Therapy outcome measures</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Occupational Self Assessment</li> <li>Occupational Questionnaire</li> <li>Worker Role Interview</li> <li>Work Environment Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-6 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Monitoring monthly when commencing employment, Individual Placement and Support or education.</p> <p>Expected duration Range: 2 – 12 months Average: 6 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-6)</b></p> <p>Range: 14-36 hours Average contact: 26 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-6);</b></p> <p>Range: 8-24 hours Average contact: 10 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Transport</li> <li>Administrative support</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved feeling of being connected through roles</li> <li>Improved communication with others</li> <li>Delayed need for other service involvement</li> </ul> <p><b>To organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Relapse prevention</li> <li>Improved social return on investment</li> <li>Social inclusion</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 4 Non-psychotic (Severe)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Communication &amp; interaction skills within activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><i>Moderate Challenges</i></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in activity</li> </ul> <p><i>Minor Challenges</i></p> <ul style="list-style-type: none"> <li>Communication &amp; interaction skills within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><i>Motivation to engage in daily activity</i></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term activity goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><i>Responsibilities and routines</i></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><i>Organisation &amp; problem solving within activity</i></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><i>Mobility &amp; coordination within activity</i></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><i>Environment supporting engagement in daily activity</i></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued activities</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><i>Outcomes may include:</i></p> <p><i>Communication skills within activity</i></p> <ul style="list-style-type: none"> <li>Develop ability to build &amp; sustain positive relationships with a variety of people</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure and exercise</li> <li>Vocational Enablement</li> <li>Vocational guidance, signposting and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Occupational Self Assessment</li> <li>Occupational Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Worker Role Interview</li> <li>Work Environment Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-6 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Monitoring monthly when commencing employment, Individual Placement and Support or education.</p> <p>Expected duration Range: 6-18 months Average: 9 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-7)</b></p> <p>Range: 19-54 hours Average contact: 36 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-7);</b></p> <p>Range: 8-36 hours Average contact: 13 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Transport</li> <li>Administrative support</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved feeling of being connected through roles</li> <li>Improved communication with others</li> <li>Enhance problem solving skills within activity</li> <li>Increased functional independence</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced dependence on physical and mental health services</li> <li>Relapse prevention</li> <li>Improved social return on investment</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>

# Care Cluster: 5 Non-psychotic Disorders (Very Severe)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers)</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Environment not supporting engagement in activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration for consistently completing all of one's routine tasks</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to build and sustain positive relationships with a variety of people</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued activities, interest, and a satisfying routine</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure and exercise</li> <li>Vocational Enablement</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Worker Role Interview</li> <li>Work Environment Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases, or until personal goals of socially inclusive and productive lifestyle achieved</p> <p>Expected duration Range: 3-24 months Average: 12 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-7)</b></p> <p>Range: 18-62 hours Average contact: 37 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-7);</b></p> <p>Range: 12-33 hours Average contact: 21 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Increased feeling of control over environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user.</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 6 Non-psychotic Disorder of Over-Valued Ideas

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers)</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure and exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> <li>Worker Role Interview</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases, or until personal goals of socially inclusive and productive lifestyle achieved</p> <p>Expected duration Range: 6-24 months Average: 15 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-7)</b></p> <p>Range ; 21-62 hours Average contact 40 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-7);</b></p> <p>Range: 12-33hours Average contact: 20 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhanced capacity to concentrate within activity</li> <li>Increased feeling of control over environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate placement</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to service user</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 7 Enduring Non-Psychotic Disorders (High disability)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers)</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in daily activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Developing / maintaining independent living skills</li> <li>Liaison to enable independent living</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> <li>Worker Role Interview</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases.</p> <p>Expected duration Range: 6-36 months Average: 18 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 24-55 hours Average contact: 41 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (6-7);</b></p> <p>Range: 30-57hours Average contact: 43 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhanced capacity to concentrate within activity</li> <li>Increased feeling of control over environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Reduction in risk of injury / accident / falls that would result in accessing physical service</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate placement</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to service user</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 8 Non-Psychotic Chaotic and Challenging Disorders

Occupational Therapy							
Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/ carers &amp; home environment)</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in daily activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to build and sustain positive relationships with a variety of people</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Exploring future options for activity</li> <li>Rapport building &amp; graded engagement</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Consultation, liaison and advice</li> <li>Developing / maintaining independent living skills</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Occupational Questionnaire</li> <li>Assessment of Motor and Process Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases.</p> <p>Expected duration Range: 6-24 months Average: 15 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 25-82 hours Average contact: 52 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (6-7);</b></p> <p>Range: 22-52 hours Average contact: 43 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Enhance capacity to concentrate on within activity</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user.</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 10 First Episode Psychosis

Occupational Therapy							
Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Rapport building &amp; graded engagement</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure and exercise</li> <li>Vocational Enablement</li> <li>Vocational guidance, signposting and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Occupational Self Assessment</li> <li>Assessment of Motor and Process Skills</li> <li>Occupational Questionnaire</li> <li>Assessment of Communication and Interaction skills</li> <li>Worker Role Interview</li> <li>Work Environment Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases.</p> <p>Expected duration Range: 3-36 months Average: 12 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 29-70 hours Average contact: 45 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user.</li> <li>Contribution to formation of diagnosis</li> </ul>



# Care Cluster: 11 Ongoing or Recurrent Psychosis (Low symptoms)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Communication &amp; Interaction within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to build and sustain positive relationships with a variety of people</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure &amp; exercise</li> <li>Vocational Enablement</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Occupational Self Assessment</li> <li>Occupational Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Worker Role Interview</li> <li>Work Environmental Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases, or until personal goals of socially inclusive and productive lifestyle achieved</p> <p>Expected duration Range: 2-24 months Average: 6 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-7)</b></p> <p>Range: 19-57 hours Average contact: 24 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-7);</b></p> <p>Range: 18-36 hours Average contact: 24 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Maintained occupational identity and wellbeing</li> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved feeling of being connected through roles</li> <li>Enhance problem solving skills within activity</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Delayed need for other service involvement</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced dependence on physical and mental health services</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Social inclusion</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>

# Care Cluster: 12 Ongoing or Recurrent Psychosis (High disability)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication &amp; Interaction within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Exploring future options for activity</li> <li>Rapport building &amp; graded engagement</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Environmental modification to support engagement in activity</li> <li>Carer education and support</li> <li>Supporting Transitions in new physical and social environments</li> <li>Developing / maintaining independent living skills</li> <li>Liaison to enable independent living</li> <li>Supporting engagement in leisure &amp; exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Sessions generally weekly, decreasing as function increases, usually to a maximum of 12 months or until personal goals of socially inclusive and productive lifestyle achieved</p> <p>Expected duration Range: 2-24 months Average: 12 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 21-68 hours Average contact: 30 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (6-7);</b></p> <p>Range: 13-27 hours Average contact: 20 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Improved communication with others</li> <li>Increased social network and interaction with social environment</li> <li>Enhanced problem solving skills within activity</li> <li>Increased feeling of control over environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to service user</li> </ul>

# Care Cluster: 13 Ongoing or Recurrent Psychosis (High symptom and disability)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication &amp; Interaction within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Re motivation process</li> <li>Rapport building &amp; graded engagement</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Environmental modification to support engagement in activity</li> <li>Carer education and support</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Developing / maintaining independent living skills</li> <li>Liaison to enable independent living</li> <li>Supporting engagement in leisure and exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS OT support worker Level 3-4 to support OT intervention plan.</p>	<p>Extended sessions (more than 1 hour) generally 1-2 times weekly, decreasing as function increases.</p> <p>Expected duration Range: 2-24 months Average: 12 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 29-93 hours Average contact: 38 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (6-7);</b></p> <p>Range: 17-36 hours Average contact: 23 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Enhanced capacity to concentrate within activity</li> <li>Increased feeling of control over environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduced impact on engagement in activity as illness progresses</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue support to service user</li> </ul>

# Care Cluster: 14 Psychotic Crisis

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication &amp; Interaction within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Rapport building &amp; graded engagement</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Environmental modification to support engagement in activity</li> <li>Supporting Transitions in new physical and social environments</li> <li>Consultation, liaison and advice</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure &amp; exercise</li> <li>Vocational guidance, signposting and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Daily contact during crisis or while on ward, decreasing as function improves or following discharge.</p> <p>Expected duration Range: 1-3 months Average: 2 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-7)</b></p> <p>Range: 15-40 hours Average contact: 22 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-7);</b></p> <p>Range: 14-34 hours Average contact: 22 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Improved communication with others</li> <li>Enhance problem solving skills within activity</li> <li>Enhance capacity to concentrate within activity</li> <li>Increased feeling of control over environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue their support to service user.</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 15 Severe Psychotic Depression

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p>If need identified the below should be considered:</p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Severe challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><b>Environment supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Re motivation process</li> <li>Rapport building &amp; graded engagement</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Environmental modification to support engagement in activity</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> <li>Developing / maintaining independent living skills</li> <li>Supporting engagement in leisure &amp; exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> <li>Worker Role Interview</li> <li>Work Environment Impact Scale</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-6 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Daily contact during crisis or while on ward, decreasing as function improves or following discharge.</p> <p>Expected duration Range: 2-6 months Average: 4 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-6)</b></p> <p>Range: 10-30 hours Average contact: 20 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (5-6);</b></p> <p>Range: 12-34 hours Average contact: 24 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Improved communication with others</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Enhance capacity to concentrate within activity</li> <li>Ability to negotiate environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Improved function and reduced sick pay, sickness level and benefit payments</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user.</li> <li>Contribution to formation of diagnosis</li> </ul>

# Care Cluster: 16 Dual Diagnosis

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Severe challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in daily activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment not supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Rapport building &amp; graded engagement</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> <li>Developing / maintaining independent living skills</li> <li>Liaison to enable independent living</li> <li>Supporting engagement in leisure &amp; exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p>	<p>Extended sessions (more than 1 hour) generally weekly, decreasing as function increases, or until personal goals of socially inclusive and productive lifestyle achieved.</p> <p>Expected duration Range: 4-18 months Average: 9 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 22-59 hours Average contact: 48 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Development of a meaningful lifestyle and achieving personal activity-related goals</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Enhance problem solving skills within activity</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>

# Care Cluster: 17 Psychosis and Affective Disorder (Difficult to engage)

Occupational Therapy							
Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul> <p>Work Assessment</p> <ul style="list-style-type: none"> <li>Work environment</li> <li>Work readiness</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Severe challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> </ul> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in daily activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment not supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Exploring future options for activity</li> <li>Building enjoyment when engaged in activity</li> <li>Re motivation process</li> <li>Rapport building &amp; graded engagement</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining communication &amp; interaction skills within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> <li>Developing / maintaining independent living skills</li> <li>Liaison to enable independent living</li> <li>Supporting engagement in leisure and exercise</li> <li>Vocational enablement</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with employer, voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Volitional Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> <li>Worker Role Interview</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions (more than 1 hour) initially bi weekly weekly, decreasing as function increases.</p> <p>Expected duration Range: 6-24 months Average: 15 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 64-172 hours Average contact: 95 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, supervised by OT (6-7);</b></p> <p>Range: 41-150 hours Average contact: 101 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<ul style="list-style-type: none"> <li><b>To service user and carer</b></li> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Maintained occupational identity and wellbeing</li> <li>Improved enjoyment of positive and socially acceptable activities</li> <li>Increased ownership for recovery</li> <li>Positive focus on engagement rather than problem orientated contact</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance capacity to concentrate within activity</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> <li><b>To Organisation</b></li> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Relapse prevention</li> <li>Increased client stability and engagement reducing overall demand on services</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Decrease in self harming behaviour</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>

# Care Cluster: 18 Cognitive Impairment (low need)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Cognitive ability</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul> <p><i>If need identified the below should be considered:</i></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Environment not supporting engagement in activity</li> </ul> <p><b>Minor Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Environment not supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul> <p><b>Outcomes may include:</b></p> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to build and sustain positive relationships with a variety of people</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Education regarding management of symptoms within activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing capacity to assure adequate stability, movement and energy to participate in activity</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Developing / maintaining supportive social relationships and networks</li> <li>Environmental modification to support engagement in activity</li> <li>Assistive Technology</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> <li>Developing / maintaining independent living skills</li> <li>Liaison to enable independent living</li> <li>Supporting engagement in leisure &amp; exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with carers, care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Occupational Circumstances Assessment Interview &amp; Rating Scale</li> <li>Assessment of Motor and Process Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Expected duration Range: 2-6 months Average: 4 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 5-7)</b></p> <p>Range: 3-23 hours Average contact: 18 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, as guided by OT (5-7);</b></p> <p>Range: 2-38 hours Average contact: 21 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Specialist enabling disability and technological telecare related equipment, orientation aids</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Development of confidence, self esteem and reinforcement of occupational identity</li> <li>Improved quality of life</li> <li>Increased ownership for recovery</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Increased feeling of control over environment</li> <li>Ability to negotiate environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduced impact on engagement in activity as illness progresses</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced dependence on physical and mental health services</li> <li>Improved social return on investment</li> <li>Reduction in risk of injury / accident / falls that would result in accessing physical service</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user.</li> <li>Contribution to formation of diagnosis</li> </ul>



# Care Cluster: 19 Cognitive impairment or dementia complicated (Moderate Need)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Cognitive ability</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Motivation to engage in activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase feeling of connection to others through regular participation in roles</li> <li>Increase ability to identify and follow a simple daily routine</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to maintain concentration of completing a simple(2-3 steps) tasks</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><b>Environment not supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Building enjoyment when engaged in activity</li> <li>(Re) Establishing productive / valued routines</li> <li>(Re) Establishing productive / valued roles</li> <li>Lifestyle adjustment</li> <li>Developing capacity to assure adequate stability, movement and energy to participate in activity</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Engaging in meaningful activities that maximise sensory opportunities to allow more engagement in a broader range of environments</li> <li>Environmental modification to support engagement in activity</li> <li>Assistive Technology</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> <li>Liaison to enable independent living</li> <li>Supporting engagement in leisure &amp; exercise</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with carers, care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Volitional Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 5-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Expected duration Range: 2-9 months Average: 6 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 5-68 hours Average contact: 23 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, as guided by OT (5-7);</b></p> <p>Range: 3-55 hours Average contact: 24 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Specialist enabling disability and technological telecare related equipment, orientation aids</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Maintained occupational identity and wellbeing</li> <li>Improved quality of life</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Increased feeling of control over environment</li> <li>Ability to negotiate environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduced impact on engagement in activity as illness progresses</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Reduction in risk of injury / accident / falls that would result in accessing physical service</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>

# Care Cluster: 20 Cognitive Impairment or Dementia complicated (High Need)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> <li>Life story</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Severe Challenges</b></p> <ul style="list-style-type: none"> <li>Responsibilities and routines</li> <li>Organisation &amp; problem solving within activity</li> <li>Motivation to engage in activity</li> </ul> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify and follow a simple daily routine</li> <li>Increase ability to take on a simple role in a group</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to retain and follow simple instructions for 2-3 step activities.</li> </ul> <p><b>Motivation to engage in activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><b>Environment not supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Building enjoyment when engaged in activity</li> <li>Rapport building &amp; graded engagement</li> <li>Developing capacity to assure adequate stability, movement and energy to participate in activity</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Engaging in meaningful activities that maximise sensory opportunities to allow more engagement in a broader range of environments</li> <li>Environmental modification to support engagement in activity</li> <li>Assistive Technology</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with carers, care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><b>Examples of outcome measures that may be used include:</b></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Volitional Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS OT support worker Level 3-4 to support OT intervention plan.</p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Expected duration Range: 2-12 months Average: 6 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 6-64 hours Average contact: 31 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, as guided by OT (6-7);</b></p> <p>Range: 2-55 hours Average contact: 27 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Specialist enabling disability and technological telecare related equipment, orientation aids</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Maintained occupational identity and wellbeing</li> <li>Improved quality of life</li> <li>Improved daily routine</li> <li>Improved feeling of being connected through roles</li> <li>Increased social network and interaction with social environment</li> <li>Enhance problem solving skills within activity</li> <li>Increased feeling of control over environment</li> <li>Ability to negotiate environment</li> <li>Reduced carer stress</li> <li>Increased functional independence</li> <li>Maintenance of mental and/or physical health</li> <li>Reduced impact on engagement in activity as illness progresses</li> <li>Reduce vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced dependence on physical and mental health services</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Effective discharge</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Reduction in risk of injury / accident / falls that would result in accessing physical service</li> <li>Social inclusion</li> <li>Reconnection of service user with social contacts and community resources to reduce re-admissions</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>

# Care Cluster: 21 Cognitive Impairment or Dementia complicated (High Need)

## Occupational Therapy

Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
<p>Ability to engage in self care productivity (work) &amp; leisure activities</p> <p>With a specific focus on:</p> <ul style="list-style-type: none"> <li>Motivation to engage in activity</li> <li>Responsibilities and routines</li> <li>Communication skills within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Understanding of environmental support to engage in activity (incl. physical &amp; social support network/carers &amp; home environment)</li> <li>Life story</li> </ul>	<p>Difficulty engaging in self care, productivity (work) &amp; leisure activities due to below challenges</p> <p><b>Severe Challenges</b></p> <ul style="list-style-type: none"> <li>Responsibilities and routines within activity</li> <li>Organisation &amp; problem solving within activity</li> <li>Motivation to engage in activity</li> </ul> <p><b>Moderate Challenges</b></p> <ul style="list-style-type: none"> <li>Communication skills within activity</li> <li>Mobility &amp; coordination within activity</li> <li>Environment not supporting engagement in activity</li> </ul>	<p>Reengagement in self care, productivity (work) &amp; leisure with specific improvement in:</p> <p><b>Responsibilities and routines</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify and follow a simple daily routine</li> <li>Increase ability to take on a simple role in a group</li> </ul> <p><b>Organisation &amp; problem solving within activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify and follow a simple daily routine</li> <li>Increase ability to take on a simple role in a group</li> </ul> <p><b>Motivation to engage in activity</b></p> <ul style="list-style-type: none"> <li>Increase ability to identify short term goal</li> <li>Increase awareness of what one enjoys</li> <li>Begin to feel enjoyment &amp; satisfaction in doing things</li> </ul> <p><b>Communication skills within activity</b></p> <ul style="list-style-type: none"> <li>Develop ability to cooperate with others during a task</li> </ul> <p><b>Mobility &amp; coordination within activity</b></p> <ul style="list-style-type: none"> <li>Develop capacity to assure adequate stability, movement and energy to participate in daily activities</li> </ul> <p><b>Environment not supporting engagement in daily activity</b></p> <ul style="list-style-type: none"> <li>Adjust activity demands to fit service users abilities</li> <li>Identify / increase access to resources to engage in valued occupations</li> <li>Identify / increase access to resources that support engagement in a satisfying routine</li> <li>Identify physical spaces that support engagement in valued activities</li> </ul>	<p>Goal setting and interventions to improve engagement in self care, productivity (i.e., work) &amp; leisure (e.g., sports, exercise, hobbies) activities.</p> <p><b>This includes:</b></p> <ul style="list-style-type: none"> <li>Building self efficacy to engage with activity</li> <li>Building enjoyment when engaged in activity</li> <li>Rapport building &amp; graded engagement</li> <li>Developing capacity to assure adequate stability, movement and energy to participate in activity</li> <li>Developing / maintaining organisation and problem solving within activity</li> <li>Engaging in meaningful activities that maximise sensory opportunities to allow more engagement in a broader range of environments</li> <li>Environmental modification to support engagement in activity</li> <li>Assistive Technology</li> <li>Supporting Transitions in new physical and social environments</li> <li>Carer education and support</li> <li>Consultation, liaison and advice</li> </ul> <p><b>Reviews:</b></p> <ul style="list-style-type: none"> <li>Review occupational interventions</li> <li>Reassess</li> <li>Liaise with carers, care coordinator &amp; wider MDT team</li> </ul> <p><b>Discharge planning:</b></p> <ul style="list-style-type: none"> <li>Provision of relapse prevention plan</li> <li>Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan</li> <li>Liaise with voluntary organisations, other health professionals</li> </ul> <p><b>Audit of OT &amp; Occupational interventions</b></p> <ul style="list-style-type: none"> <li>Complete OT outcome measures</li> </ul> <p><i>Examples of outcome measures that may be used include:</i></p> <ul style="list-style-type: none"> <li>Model of Human Occupation Screening Tool</li> <li>Volitional Questionnaire</li> <li>Assessment of Motor and Process Skills</li> <li>Assessment of Communication and Interaction Skills</li> </ul>	<p>Depends on skill mix of OT team and presentation of service user:</p> <p><b>Level 6-7 Qualified OT.</b></p> <p>PLUS <b>OT support worker Level 3-4 to support OT intervention plan.</b></p>	<p>Extended sessions generally weekly decreasing as engagement in activity increases.</p> <p>Expected duration Range: 1-4 months Average: 2 months</p> <p><b>Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)</b></p> <p>Range: 6-34 hours Average contact: 24 hours</p> <p><b>PLUS OT support worker Level 3-4 to support OT intervention plan, as guided by OT (5-7);</b></p> <p>Range: 2-70 hours Average contact: 50 hours</p>	<ul style="list-style-type: none"> <li>Access to appropriate space to undertake OT assessments and interventions.</li> <li>Specialist OT assessments including relevant software</li> <li>Materials for activities and assessments, petty cash</li> <li>Specialist enabling disability and technological telecare related equipment, orientation aids</li> <li>Access to support workers as relevant</li> <li>Transport</li> <li>Administrative support</li> <li>Direct payments</li> <li>Information leaflets for service users, carers, MDT</li> <li>Information on community resources, services including internet facilities, printer</li> <li>Office space</li> <li>Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments &amp; interventions</li> <li>Access to specialist services for onward referral, advice</li> <li>IM&amp;T equipment &amp; mobile technology, lone working device, phone</li> <li>Clinical &amp; management supervision</li> <li>Education and development programmes and resources e.g. books</li> <li>Professional leadership</li> </ul>	<p><b>To service user and carer</b></p> <ul style="list-style-type: none"> <li>Maintained occupational identity and wellbeing</li> <li>Improved quality of life</li> <li>Improved feeling of being connected through roles</li> <li>Enhance capacity to concentrate within activity</li> <li>Ability to negotiate environment</li> <li>Reduced carer stress</li> <li>Maintenance of mental and/or physical health</li> <li>Reduced impact on engagement in activity as illness progresses</li> <li>Reduced vulnerability</li> <li>Reduction of identified risks</li> </ul> <p><b>To Organisation</b></p> <ul style="list-style-type: none"> <li>Achievement of clinical outcome</li> <li>Achievement of patient related outcome</li> <li>Achievement of national quality indicators</li> <li>Reduced uptake of health and social care resources</li> <li>Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies</li> <li>Improved social return on investment</li> <li>Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs</li> <li>Reduction in risk of injury / accident / falls that would result in accessing physical service</li> <li>Appropriate assessment and information for funding placements / housing panels / individualised budgets</li> <li>Appropriate placement</li> <li>Reduction in carer burden and increased ability for carers to continue their support to a service user</li> </ul>