Care Cluster: 2 Non-psychotic (Low Severity with greater need)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities leisure activities Depends on skill Access to appropriate space Ability to engage in Reengagement in self care, productivity (work) & leisure with Difficulty engaging in self care, Goal setting and interventions to improve Extended sessions generally To service user and carer self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team weekly decreasing as to undertake OT assess-(work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation engagement in activity ments and interventions. Development of confidence, self Motivation to engage in daily activity activities activities of service user: increases Specialist OT assessments esteem and reinforcement of Moderate Challenges · Increase ability to identify short term activity goal including relevant software occupational identity With a specific focus This includes: Level 5-6 Monitoring monthly when Increase awareness of what one enjoys Materials for activities and Improved quality of life Qualified OT. commencing employment. Motivation to engage in activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Increased ownership for recovery Individual Placement and Building self efficacy to engage with activity Responsibilities and routines Support or education. Transport Motivation to Development of a meaningful Exploring future options for activity Responsibilities and routines Administrative support lifestyle and achieving personal engage in activity (Re) Establishing productive / valued Expected duration Increase feeling of connection to others through regular activity-related goals Responsibilities Information leaflets for Minor Challenges Range: 1-6 months participation in roles Improved feeling of being and routines service users, carers, MDT Average: 3 months (Re) Establishing productive / valued roles Increase ability to identify and follow a simple daily routine connected through roles Communication & interaction skills Information on community Vocational Enablement Delayed need for other service Occupational assessment. within activity resources, services including If need identified the Vocational guidance, signposting and advice interventions, reviews, internet facilities, printer involvement Organisation & problem solving below should be Outcomes may include: discharge planning and Office space within activity considered: Reviews: audit (OT 5-6) Mobility & coordination within Access to specialist services Communication skills within activity To organisation Review occupational interventions activity for onward referral, advice Communication & Range: 13-32 hours Reassess Environment not supporting Develop ability to build and sustain positive relationships Average contact: 20 hours IM&T equipment & mobile interaction skills Achievement of clinical outcome with a variety of people while engaged in activity within activity engagement in activity technology, lone working Achievement of patient related Discharge planning: device, phone Organisation & Organisation & problem solving within activity · Provision of relapse prevention plan Clinical & management problem solving Achievement of national quality within activity Liaise with employer, voluntary supervision indicators Develop ability to maintain concentration for consistently organisations, other health professionals Mobility & Education and development completing all of one's routine activities Reduced dependence on physical coordination programmes and resources Audit of OT & Occupational interventions and mental health services e.g. books within activity Mobility & coordination within activity Complete OT outcome measure Improved social return on Understanding of Professional leadership Develop capacity to assure adequate stability, movement investment environmental and energy to participate in daily activities Social inclusion support to Examples of outcome measures that may be engage in activity Improved function and reduced Environment supporting engagement in daily activity used include: sick pay, sickness level and Model of Human Occupation Screening Tool benefit payments Adjust activity demands to fit service users abilities Work Assessment Occupational Circumstances Assessment Work Identify / increase access to resources to engage in valued Interview & Rating Scale environment activities, interest, and a satisfying routine Occupational Self Assessment Work readiness Occupational Questionnaire Worker Role Interview Work Environment Impact Scale

Care Cluster: 3 Non-psychotic (Moderate Severity)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & leisure activities self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities Depends on skill Access to appropriate space Ability to engage in Reengagement in self care, productivity (work) & leisure with Difficulty engaging in self care, Goal setting and interventions to improve Extended sessions generally To service user and carer self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team weekly decreasing as to undertake OT assess-(work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation engagement in activity ments and interventions. Development of confidence, self Motivation to engage in daily activity activities activities of service user: increases Specialist OT assessments esteem and reinforcement of Moderate Challenges Increase ability to identify short term activity goal including relevant software occupational identity With a specific focus This includes: Level 5-6 Monitoring monthly when Increase awareness of what one enjoys Materials for activities and Improved quality of life Qualified OT. commencing employment. Motivation to engage in activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Increased ownership for recovery Individual Placement and Building self efficacy to engage with activity Responsibilities and routines Support or education. Transport Motivation to Development of a meaningful Exploring future options for activity Responsibilities and routines PLUS Administrative support lifestyle and achieving personal engage in activity OT support (Re) Establishing productive / valued Expected duration Increase feeling of connection to others through regular paractivity-related goals Responsibilities Information leaflets for Minor Challenges Range: 2 - 12 months worker Level 3-4 ticipation in roles Improved feeling of being and routines service users, carers, MDT Average: 6 months to support OT (Re) Establishing productive / valued roles Increase ability to identify and follow a simple daily routine connected through roles Communication & interaction skills Information on community intervention plan Lifestyle adjustment Improved communication with Occupational assessment. within activity resources, services including If need identified the Developing / maintaining communication & interventions, reviews, internet facilities, printer others Organisation & problem solving below should be Outcomes may include: interaction skills within activity discharge planning and Office space Delayed need for other service within activity considered: audit (OT 5-6) Developing / maintaining supportive social involvement Mobility & coordination within Access to collaborative Communication skills within activity relationships and networks activity working/liaison with wider Communication & Develop ability to build and sustain positive relationships with Range: 14-36 hours Supporting engagement in leisure and MDT (mental health and/or Average contact: 26 hours interaction skills Environment not supporting a variety of people while engaged in activity To organisation physical health) for joint within activity engagement in activity assessments & interventions Organisation & problem solving within activity Vocational Enablement PLUS OT support worker Organisation & Achievement of clinical outcome Level 3-4 to support OT Access to specialist services Develop ability to maintain concentration for consistently Vocational guidance, signposting and advice problem solving intervention plan. for onward referral, advice Achievement of patient related within activity completing all of one's routine activities supervised by OT (5-6); outcome IM&T equipment & mobile Reviews: Mobility & Mobility & coordination within activity technology, lone working Achievement of national quality Review Self care, productivity (work) & coordination Range: 8-24 hours device, phone indicators Develop capacity to assure adequate stability, movement within activity leisure interventions Average contact: 10 hours Clinical & management Reduced dependence on physical and energy to participate in daily activities Understanding of Reassess supervision and mental health services environmental Environment supporting engagement in daily activity Discharge planning: Education and development Relapse prevention support to Adjust activity demands to fit service users abilities engage in activity programmes and resources Improved social return on Provision of relapse prevention plan e.g. books Identify / increase access to resources to engage in valued investment Liaise with employer, voluntary Work Assessment Professional leadership activities, interest, and a satisfying routine Social inclusion organisations, other health professionals Work Improved function and reduced environment Audit of activity interventions sick pay, sickness level and benefit Work readiness Complete Occupational Therapy outcome payments measures Contribution to formation of diagnosis Examples of outcome measures that may be used include. Model of Human Occupation Screening Tool Occupational Circumstances Assessment Interview & Rating Scale Occupational Self Assessment Occupational Questionnaire Worker Role Interview Work Environment Impact Scale

Care Cluster: 4 Non-psychotic (Severe)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & leisure activities self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities Depends on skill Access to appropriate space Ability to engage in Reengagement in self care, productivity (work) & leisure with Difficulty engaging in self care, Goal setting and interventions to improve Extended sessions generally To service user and carer self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team weekly decreasing as to undertake OT assess-(work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation engagement in activity ments and interventions. Improved quality of life Motivation to engage in daily activity activities activities of service user: increases Specialist OT assessments Increased ownership for recovery Moderate Challenges Increase ability to identify short term activity goal including relevant software With a specific focus This includes: Level 5-6 Monitoring monthly when Positive focus on engagement Increase awareness of what one enjoys Materials for activities and Qualified OT. commencing employment. rather than problem orientated Motivation to engage in activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Individual Placement and contact Building self efficacy to engage with activity Responsibilities and routines Support or education. Transport Motivation to Development of a meaningful Exploring future options for activity Organisation & problem solving Responsibilities and routines PLUS Administrative support lifestyle and achieving personal engage in activity OT support Education regarding management of within activity Expected duration Increase feeling of connection to others through regular activity-related goals Responsibilities Information leaflets for symptoms within activity worker Level 3-4 Range: 6-18 months Mobility & coordination within participation in roles Improved feeling of being and routines service users, carers, MDT Average: 9 months to support OT (Re) Establishing productive / valued activity Increase ability to identify and follow a simple daily routine connected through roles Organisation & Information on community intervention plan Environment not supporting Improved communication with Occupational assessment. problem solving resources, services including (Re) Establishing productive / valued roles engagement in activity Organisation & problem solving within activity within activity interventions, reviews, internet facilities, printer others Develop capacity to maintain concentration of completing a Developing / maintaining communication & discharge planning and Mobility & Office space Enhance problem solving skills audit (OT 5-7) simple(2-3 steps) tasks interaction skills within activity coordination within activity Access to collaborative Minor Challenges Developing / maintaining supportive social within activity working/liaison with wider Increased functional independence Mobility & coordination within activity Range: 19-54 hours relationships and networks Understanding of MDT (mental health and/or Communication & interaction skills Average contact: 36 hours Develop capacity to assure adequate stability, movement Developing / maintaining independent living physical health) for joint environmental within activity and energy to participate in daily activities support to assessments & interventions To Organisation PLUS OT support worker engage in activity Supporting engagement in leisure and Level 3-4 to support OT Access to specialist services Environment supporting engagement in daily activity intervention plan. for onward referral, advice Achievement of clinical outcome If need identified the Adjust activity demands to fit service users abilities supervised by OT (5-7); IM&T equipment & mobile Achievement of patient related Vocational Enablement below should be Identify / increase access to resources to engage in valued technology, lone working Vocational guidance, signposting and advice considered: activities Range: 8-36 hours device, phone Achievement of national quality Average contact: 13 hours Identify / increase access to resources that support Clinical & management Reviews: indicators Communication 8 engagement in a satisfying routine supervision interaction skills Review occupational interventions Reduced uptake of health and Identify physical spaces that support engagement in valued Education and development within activity social care resources activities programmes and resources Reduced dependence on physical Liaise with care coordinator & wider MDT Work Assessment e.g. books and mental health services Work Professional leadership Relapse prevention Outcomes may include: environment Discharge planning: Improved social return on Work readiness Communication skills within activity Provision of relapse prevention plan investment Develop ability to build & sustain positive relationships with a Liaison with Care Co-ordinator to integrate Decrease in self harming behaviour variety of people occupational intervention plan with CPA care Social inclusion Improved function and reduced Liaise with employer, voluntary sick pay, sickness level and benefit organisations, other health professionals payments Reduction in carer burden and Audit of OT & Occupational interventions increased ability for carers to Complete OT outcome measures continue their support to a service Examples of outcome measures that may be used include Model of Human Occupation Screening Tool Occupational Circumstances Assessment Interview & Rating Scale Occupational Self Assessment Occupational Questionnaire Assessment of Motor and Process Skills Worker Role Interview Work Environment Impact Scale

Care Cluster: 5 Non-psychotic Disorders (Very Severe)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Goal setting and interventions to improve Access to appropriate space Ability to engage in Reengagement in self care, productivity (work) & leisure with Difficulty engaging in self care, Depends on skill Extended sessions (more To service user and carer engagement in self care, productivity (i.e., work) & leisure (e.g., sports, exercise, hobbies) self care productivity productivity (work) & leisure activities specific improvement in: mix of OT team than 1 hour) generally to undertake OT assess-(work) & leisure due to below challenges and presentation weekly, decreasing as ments and interventions. Development of confidence, self activities. Motivation to engage in daily activity function increases, or until esteem and reinforcement of activities of service user: Specialist OT assessments Moderate Challenges personal goals of socially occupational identity Increase ability to identify short term goal This includes: including relevant software With a specific focus Level 5-7 inclusive and productive Improved quality of life Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Qualified OT. lifestyle achieved Increased ownership for recovery Responsibilities and routines Building self efficacy to engage with activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Positive focus on engagement Exploring future options for activity Organisation & problem solving PLUS Expected duration Access to support workers Motivation to rather than problem orientated within activity Responsibilities and routines Building enjoyment when engaged in activity **OT** support Range: 3-24 months as relevant engage in activity contact Average: 12 months Education regarding management of worker Mobility & coordination within Increase feeling of connection to others through regular Transport Development of a meaningful Responsibilities symptoms within activity Level 3-4 to activity participation in roles lifestyle and achieving personal and routines Administrative support Occupational assessment, (Re) Establishing productive / valued support OT activity-related goals Increase ability to identify and follow a simple daily routine Organisation & interventions, reviews. Direct payments intervention plan Improved feeling of being discharge planning and problem solving (Re) Establishing productive / valued roles Information leaflets for Minor Challenges connected through roles Organisation & problem solving within activity within activity audit (OT 5-7) service users, carers, MDT Developing / maintaining organisation and Communication skills within activity Increased social network and Develop capacity to maintain concentration for consistently problem solving within activity Information on community interaction with social environment If need identified the Environment not supporting completing all of one's routine tasks Range: 18-62 hours Developing / maintaining communication & resources, services including Enhance problem solving skills below should be engagement in activity Average contact: 37 hours interaction skills within activity internet facilities, printer within activity considered. Mobility & coordination within activity Developing / maintaining supportive social Increased feeling of control over PLUS OT support worker Office space Develop capacity to assure adequate stability, movement relationships and networks environment Level 3-4 to support OT Communication Access to collaborative and energy to participate in daily activities Supporting transitions in new physical and intervention plan Reduced carer stress skills within working/liaison with wider social environments supervised by OT (5-7); Increased functional independence MDT (mental health and/or activity Carer education and support Outcomes may include physical health) for joint Reduction of identified risks Mobility & Range: 12-33 hours Developing / maintaining independent living assessments & interventions coordination Average contact: 21 hours Communication skills within activity Access to specialist services within activity To Organisation Supporting engagement in leisure and Develop ability to build and sustain positive relationships with for onward referral, advice Understanding of a variety of people IM&T equipment & mobile environmental Achievement of clinical outcome Vocational Enablement support to technology, lone working Achievement of patient related engage in activity Reviews: device, phone Environment supporting engagement in daily activity (incl. physical & Clinical & management Review occupational interventions Achievement of national quality Adjust activity demands to fit service users abilities social support supervision indicators Reassess network/carers) Identify / increase access to resources to engage in valued Reduced uptake of health and Liaise with care coordinator & wider MDT Education and development activities, interest, and a satisfying routine social care resources programmes and resources Work Assessment e.g. books Reduced dependence on physical Work Discharge planning: and mental health services Professional leadership environment Provision of relapse prevention plan Reduced hospital / long term care Work readiness Liaison with Care Co-ordinator to integrate admission through prompt analysis of areas of risk and identification of occupational intervention plan with CPA care strategies Effective discharge Liaise with employer, voluntary organisations, other health professionals Relapse prevention Improved social return on Audit of OT & Occupational interventions investment Complete OT outcome measures Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs Examples of outcome measures that may be Decrease in self harming behaviour used include. Social inclusion Model of Human Occupation Screening Tool Reconnection of service user with Occupational Questionnaire social contacts and community Assessment of Motor and Process Skills resources to reduce re-admissions Worker Role Interview Improved function and reduced Work Environment Impact Scale sick pay, sickness level and benefit Reduction in carer burden and increased ability for carers to continue their support to a service Contribution to formation of diagnosis

Care Cluster: 6 Non-psychotic Disorder of Over-Valued Ideas

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Access to appropriate space To service user and care: Ability to engage in Reengagement in self care, productivity (work) & leisure with Depends on skill Difficulty engaging in self care, Goal setting and interventions to improve Extended sessions (more self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team than 1 hour) generally to undertake OT assess-Development of confidence, self (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation weekly, decreasing as ments and interventions. esteem and reinforcement of Motivation to engage in daily activity function increases, or until activities activities of service user: Specialist OT assessments occupational identity Moderate Challenges personal goals of socially Increase ability to identify short term goal including relevant software Maintained occupational identity This includes: Level 5-7 With a specific focus inclusive and productive Motivation to engage in activity and wellbeing Increase awareness of what one enjoys Materials for activities and Qualified OT. lifestyle achieved Responsibilities and routines Improved enjoyment of positive assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Building self efficacy to engage with activity and socially acceptable activities Communication skills within activity PLUS Expected duration Access to support workers Motivation to Increased ownership for recovery Exploring future options for activity Responsibilities and routines **OT** support Range: 6-24 months as relevant Organisation & problem solving engage in activity Positive focus on engagement Building enjoyment when engaged in activity Average: 15 months worker Increase feeling of connection to others through regular par-Transport within activity rather than problem orientated Responsibilities Level 3-4 to Education regarding management of contact ticipation in roles and routines Environment not supporting Administrative support Occupational assessment, support OT symptoms within activity Increase ability to identify and follow a simple daily routine Improved daily routine engagement in activity Communication intervention plan. interventions, reviews. Direct payments Improved feeling of being (Re) Establishing productive / valued discharge planning and skills within Information leaflets for connected through roles Communication skills within activity audit (OT 5-7) activity service users, carers, MDT Increased social network and Minor Challenges Develop ability to cooperate with others during a task (Re) Establishing productive / valued roles Organisation & interaction with social environment Information on community Range; 21-62 hours Mobility & coordination within problem solving Developing / maintaining organisation and Enhanced capacity to concentrate resources, services including Average contact 40 hours activity Organisation & problem solving within activity within activity problem solving within activity within activity internet facilities, printer Develop capacity to maintain concentration of completing a Increased feeling of control over Understanding of Developing / maintaining supportive social Office space PLUS OT support worker simple(2-3 steps) tasks environment relationships and networks environmental Level 3-4 to support OT Access to collaborative Reduced carer stress support to Supporting transitions in new physical and intervention plan Environment supporting engagement in daily activity working/liaison with wider engage in activity Increased functional independence supervised by OT (5-7); MDT (mental health and/or Adjust activity demands to fit service users abilities Reduction of identified risks (incl. physical & Carer education and support physical health) for joint social support Identify / increase access to resources to engage in valued Range: 12-33hours assessments & interventions Developing / maintaining independent living To Organisation network/carers) Average contact: 20 hours occupations Access to specialist services Identify / increase access to resources that support Achievement of clinical outcome for onward referral, advice Supporting engagement in leisure and Achievement of patient related engagement in a satisfying routine If need identified the IM&T equipment & mobile exercise outcome below should be Identify physical spaces that support engagement in valued technology, lone working Achievement of national quality considered: Reviews: device, phone indicators Clinical & management Review occupational interventions Reduced dependence on physical Mobility & and mental health services supervision Outcomes may include coordination Reduced hospital / long term care Education and development Liaise with care coordinator & wider MDT within activity admission through prompt analysis Mobility & coordination within activity programmes and resources of areas of risk and identification of e.g. books Develop capacity to assure adequate stability, movement Professional leadership Effective discharge and energy to participate in daily activities Discharge planning: Relapse prevention Provision of relapse prevention plan Increased client stability and Liaison with Care Co-ordinator to integrate engagement reducing overall occupational intervention plan with CPA care demand on services Improved social return on Liaise with employer, voluntary investment organisations, other health professionals Reduction and containment of disturbed behaviour, potentially Audit of OT & Occupational interventions reducing incidents and SUIs Decrease in self harming behaviour Complete OT outcome measures Social inclusion Reconnection of service user with social contacts and community Examples of outcome measures that may be resources to reduce re-admissions used include: Appropriate placement Model of Human Occupation Screening Tool Improved function and reduced sick pay, sickness level and benefit Occupational Questionnaire Assessment of Motor and Process Skills Reduction in carer burden and Assessment of Communication and increased ability for carers to continue their support to service Interaction Skills Worker Role Interview Contribution to formation of diagnosis

Care Cluster: 7 Enduring Non-Psychotic Disorders (High disability)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Access to appropriate space To service user and carer Reengagement in self care, productivity (work) & leisure with Ability to engage in Difficulty engaging in self care, Goal setting and interventions to improve Depends on skill Extended sessions (more self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team than 1 hour) generally to undertake OT assess-Development of confidence, self (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation weekly, decreasing as ments and interventions. esteem and reinforcement of Motivation to engage in daily activity function increases activities activities of service user: Specialist OT assessments occupational identity Moderate Challenges Maintained occupational identity Increase ability to identify short term goal including relevant software This includes: Level 6-7 Expected duration With a specific focus and wellbeing Motivation to engage in daily Increase awareness of what one enjoys Materials for activities and Qualified OT. Range: 6-36 months Improved enjoyment of positive activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Average: 18 months and socially acceptable activities Building self efficacy to engage with activity Responsibilities and routines PLUS Access to support workers Increased ownership for recovery Motivation to Exploring future options for activity Communication skills within activity Responsibilities and routines **OT** support Occupational assessment, as relevant Positive focus on engagement engage in activity Building enjoyment when engaged in activity worker interventions, reviews. Organisation & problem solving Increase feeling of connection to others through regular rather than problem orientated Transport Responsibilities Level 3-4 to discharge planning and within activity participation in roles Education regarding management of and routines Administrative support audit (OT 6-7) support OT Improved daily routine symptoms within activity Environment not supporting Increase ability to identify and follow a simple daily routine Communication intervention plan. Direct payments Improved feeling of being (Re) Establishing productive / valued engagement in activity skills within Range: 24-55 hours connected through roles Information leaflets for ser-Communication skills within activity Average contact: 41 hours activity vice users, carers, MDT Increased social network and Develop ability to cooperate with others during a task (Re) Establishing productive / valued roles interaction with social environment Organisation & Minor Challenges Information on community PLUS OT support worker problem solving Developing / maintaining organisation and Enhanced capacity to concentrate resources, services including Mobility & coordination within Organisation & problem solving within activity Level 3-4 to support OT within activity within activity problem solving within activity internet facilities, printer intervention plan, Develop capacity to maintain concentration of completing a Increased feeling of control over Understanding of Developing / maintaining communication & supervised by OT (6-7): Office space environment simple(2-3 steps) tasks interaction skills within activity environmental Reduced carer stress Access to collaborative support to Developing / maintaining supportive social Range: 30-57hours Environment supporting engagement in daily activity working/liaison with wider Increased functional independence engage in activity relationships and networks Average contact: 43 hours MDT (mental health and/or Adjust activity demands to fit service users abilities Reduction of identified risks (incl. physical & Supporting transitions in new physical and physical health) for joint social support Identify / increase access to resources to engage in valued To Organisation social environments assessments & interventions network/carers) occupations Carer education and support Access to specialist services Achievement of clinical outcome Identify / increase access to resources that support for onward referral, advice Developing / maintaining independent living Achievement of patient related engagement in a satisfying routine If need identified the IM&T equipment & mobile below should be Identify physical spaces that support engagement in valued technology, lone working Achievement of national quality Liaison to enable independent living considered: indicators device, phone Reduced dependence on physical Clinical & management Reviews: and mental health services Mobility & supervision Outcomes may include Review occupational interventions Reduced hospital / long term care coordination Education and development admission through prompt analysis of areas of risk and identification of within activity Mobility & coordination within activity programmes and resources Liaise with care coordinator & wider MDT e.g. books Develop capacity to assure adequate stability, movement Effective discharge Professional leadership and energy to participate in daily activities Relapse prevention Discharge planning: Increased client stability and Provision of relapse prevention plan engagement reducing overall demand on services Liaison with Care Co-ordinator to integrate Improved social return on occupational intervention plan with CPA care Reduction and containment of Liaise with employer, voluntary disturbed behaviour, potentially organisations, other health professionals reducing incidents and SUIs Reduction in risk of injury / Audit of OT & Occupational interventions accident / falls that would result in accessing physical service Complete OT outcome measures Decrease in self harming behaviour Social inclusion Examples of outcome measures that may be Reconnection of service user with social contacts and community resources to reduce re-admissions Model of Human Occupation Screening Tool Appropriate placement Assessment of Motor and Process Skills Improved function and reduced Assessment of Communication and sick pay, sickness level and benefit Interaction Skills Reduction in carer burden and Worker Role Interview increased ability for carers to continue their support to service Contribution to formation of diagnosis

Care Cluster: 8 Non-Psychotic Chaotic and Challenging Disorders

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Access to appropriate space To service user and carer Difficulty engaging in self care, Reengagement in self care, productivity (work) & leisure with Ability to engage in Goal setting and interventions to improve Depends on skill Extended sessions (more self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team than 1 hour) generally to undertake OT assess-(work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation weekly, decreasing as ments and interventions. Development of confidence, self esteem and reinforcement of Motivation to engage in daily activity function increases activities activities of service user: Specialist OT assessments occupational identity Moderate Challenges Increase ability to identify short term goal including relevant software Improved enjoyment of positive This includes: Level 6-7 Expected duration With a specific focus Motivation to engage in daily Increase awareness of what one enjoys Materials for activities and and socially acceptable activities Qualified OT. Range: 6-24 months activity Increased ownership for recovery assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Average: 15 months Exploring future options for activity Responsibilities and routines Positive focus on engagement PLUS Access to support workers Motivation to Rapport building & graded engagement rather than problem orientated Organisation & problem solving Responsibilities and routines **OT** support Occupational assessment, as relevant engage in activity (Re) Establishing productive / valued within activity worker interventions, reviews. Increase feeling of connection to others through regular Transport Improved daily routine Responsibilities Level 3-4 to discharge planning and Environment not supporting participation in roles and routines Administrative support Improved feeling of being audit (OT 6-7) support OT (Re) Establishing productive / valued roles engagement in activity Increase ability to identify and follow a simple daily routine connected through roles Organisation & Direct payments intervention plan Developing / maintaining organisation and Increased social network and problem solving Range: 25-82 hours Information leaflets for Organisation & problem solving within activity problem solving within activity interaction with social environment Average contact: 52 hours within activity Minor Challenges service users, carers, MDT Enhance problem solving skills Develop capacity to maintain concentration of completing a Developing / maintaining communication & Understanding of Communication skills within activity Information on community within activity simple(2-3 steps) tasks interaction skills within activity PLUS OT support worker environmental resources, services including Enhance capacity to concentrate Mobility & coordination within Level 3-4 to support OT Developing / maintaining supportive social support to internet facilities, printer on within activity Environment supporting engagement in daily activity intervention plan, engage in relationships and networks Reduced carer stress Office space supervised by OT (6-7): Adjust activity demands to fit service users abilities activity (incl. Consultation, liaison and advice Increased functional independence Access to collaborative physical & social Identify / increase access to resources to engage in valued Reduction of identified risks Developing / maintaining independent living Range: 22-52 hours support network/ working/liaison with wider Average contact: 43 hours carers & home MDT (mental health and/or To Organisation Identify / increase access to resources that support environment) physical health) for joint Reviews: engagement in a satisfying routine assessments & interventions Achievement of clinical outcome Identify physical spaces that support engagement in valued Review occupational interventions Access to specialist services Achievement of patient related If need identified the activities for onward referral, advice outcome below should be Achievement of national quality Liaise with care coordinator & wider MDT IM&T equipment & mobile considered. indicators technology, lone working Outcomes may include: Reduced dependence on physical device, phone Communication and mental health services Discharge planning: Clinical & management Communication skills within activity skills within Reduced hospital / long term care Provision of relapse prevention plan supervision activity Develop ability to build and sustain positive relationships with admission through prompt analysis of areas of risk and identification of Liaison with Care Co-ordinator to integrate Education and development a variety of people Mobility & strategies occupational intervention plan with CPA care programmes and resources coordination Effective discharge e.g. books Mobility & coordination within activity within activity Relapse prevention Develop capacity to assure adequate stability, movement Professional leadership Liaise with employer, voluntary Increased client stability and and energy to participate in daily activities organisations, other health professionals engagement reducing overall demand on services Audit of OT & Occupational interventions Improved social return on Complete OT outcome measures Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs Examples of outcome measures that may be Decrease in self harming behaviour used include Social inclusion Model of Human Occupation Screening Tool Reconnection of service user with Occupational Circumstances Assessment social contacts and community Interview & Rating Scale resources to reduce re-admissions Appropriate assessment and Occupational Questionnaire information for funding Assessment of Motor and Process Skills placements / housing panels / individualised budgets Improved function and reduced sick pay, sickness level and benefit Reduction in carer burden and increased ability for carers to continue their support to a service Contribution to formation of diagnosis

Care Cluster: 10 First Episode Psychosis

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & leisure activities self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities Goal setting and interventions to improve Access to appropriate space To service user and care Ability to engage in Reengagement in self care, productivity (work) & leisure with Depends on skill Difficulty engaging in self care, Extended sessions (more engagement in self care, productivity (i.e., work) self care productivity productivity (work) & leisure activities specific improvement in: mix of OT team than 1 hour) generally to undertake OT assess-Development of confidence, self (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation weekly, decreasing as ments and interventions. esteem and reinforcement of activities Motivation to engage in daily activity function increases activities of service user: Specialist OT assessments occupational identity Moderate Challenges Increase ability to identify short term goal including relevant software This includes: Improved quality of life Expected duration With a specific focus Level 6-7 Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Increased ownership for recovery Qualified OT. Range: 3-36 months Responsibilities and routines Building self efficacy to engage with activity assessments, petty cash Positive focus on engagement Begin to feel enjoyment & satisfaction in doing things Average: 12 months Exploring future options for activity rather than problem orientated Communication skills within activ-Access to support workers Motivation to Responsibilities and routines Rapport building & graded engagement Occupational assessment, as relevant engage in activity Development of a meaningful interventions, reviews. Organisation & problem solving Increase feeling of connection to others through regular Education regarding management of Transport Responsibilities lifestyle and achieving personal discharge planning and within activity participation in roles symptoms within activity and routines Administrative support activity-related goals audit (OT 6-7) (Re) Establishing productive / valued Increase ability to identify and follow a simple daily routine Environment not supporting Communication Direct payments Improved feeling of being engagement in daily activity connected through roles Range: 29-70 hours skills within Information leaflets for (Re) Establishing productive / valued roles Communication skills within activity Average contact: 45 hours Increased social network and activity service users, carers, MDT Lifestyle adjustment Develop ability to cooperate with others during a task interaction with social environment Organisation & Minor Challenges Information on community Developing / maintaining supportive social Reduced carer stress problem solving resources, services including Mobility & coordination within Organisation & problem solving within activity relationships and networks within activity Increased functional independence internet facilities, printer Supporting Transitions in new physical and Develop capacity to maintain concentration of completing a Maintenance of mental and/or Understanding of Office space simple(2-3 steps) tasks physical health environmental Access to collaborative Carer education and support support to Environment supporting engagement in daily activity working/liaison with wider To Organisation Developing / maintaining independent living engage in activity MDT (mental health and/or Adjust activity demands to fit service users abilities (incl. physical & Achievement of clinical outcome physical health) for joint social support Supporting engagement in leisure and Identify / increase access to resources to engage in valued assessments & interventions Achievement of patient related network/carers & occupations Access to specialist services Vocational Enablement Identify / increase access to resources that support for onward referral, advice Achievement of national quality environment) Vocational guidance, signposting and advice engagement in a satisfying routine indicators IM&T equipment & mobile Identify physical spaces that support engagement in valued Reduced dependence on physical technology, lone working and mental health services If need identified the device, phone Review occupational interventions below should be Reduced hospital / long term care Clinical & management Reassess considered: admission through prompt analysis supervision Outcomes may include Liaise with care coordinator & wider MDT of areas of risk and identification of strategies Education and development Mobility & Mobility & coordination within activity Effective discharge programmes and resources coordination Discharge planning: e.g. books Relapse prevention Develop capacity to assure adequate stability, movement within activity Provision of relapse prevention plan Professional leadership and energy to participate in daily activities Increased client stability and Liaison with Care Co-ordinator to integrate engagement reducing overall Work Assessment occupational intervention plan with CPA care demand on services Work Improved social return on environment Liaise with employer, voluntary investment Work readiness organisations, other health professionals Reduction and containment of disturbed behaviour, potentially Audit of OT & Occupational interventions reducing incidents and SUIs Complete OT outcome measures Social inclusion Reconnection of service user with Examples of outcome measures that may be social contacts and community used include: resources to reduce re-admissions Model of Human Occupation Screening Tool Appropriate assessment and information for funding Occupational Circumstances Assessment placements / housing panels / Interview & Rating Scale individualised budgets Occupational Self Assessment Improved function and reduced Assessment of Motor and Process Skills sick pay, sickness level and benefit Occupational Questionnaire payments Reduction in carer burden and Assessment of Communication and increased ability for carers to Interaction skills continue their support to a service Worker Role Interview Work Environment Impact Scale Contribution to formation of diagnosis

Care Cluster: 11 Ongoing or Recurrent Psychosis (Low symptoms)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities leisure activities Access to appropriate space Reengagement in self care, productivity (work) & leisure with Ability to engage in Difficulty engaging in self care, Goal setting and interventions to improve Depends on skill Extended sessions (more To service user and carer self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team than 1 hour) generally to undertake OT assess-(work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation weekly, decreasing as ments and interventions. Maintained occupational identity Motivation to engage in daily activity function increases, or until activities activities of service user: Specialist OT assessments and wellbeing Moderate Challenges personal goals of socially · Increase ability to identify short term goal including relevant software Improved quality of life With a specific focus This includes: Level 5-7 inclusive and productive Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Qualified OT. lifestyle achieved Increased ownership for recovery Responsibilities and routines assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Development of a meaningful Building self efficacy to engage with activity Organisation & problem solving PLUS Expected duration Access to support workers Motivation to lifestyle and achieving personal Exploring future options for activity within activity Responsibilities and routines **OT** support Range: 2-24 months as relevant engage in activity activity-related goals Education regarding management of Average: 6 months worker Environment not supporting • Increase feeling of connection to others through regular Transport Improved feeling of being Responsibilities symptoms within activity Level 3-4 to engagement in daily activity participation in roles and routines Administrative support connected through roles Occupational assessment, support OT (Re) Establishing productive / valued Increase ability to identify and follow a simple daily routine Organisation & intervention plan. interventions, reviews. Direct payments Enhance problem solving skills discharge planning and problem solving within activity Minor Challenges Information leaflets for (Re) Establishing productive / valued roles Organisation & problem solving within activity audit (OT 5-7) within activity service users, carers, MDT Increased functional independence Communication skills within activ-Develop capacity to maintain concentration of completing a Developing / maintaining organisation and Understanding of Information on community Maintenance of mental and/or simple(2-3 steps) tasks Range: 19-57 hours problem solving within activity environmental resources, services including physical health Mobility & coordination within Average contact: 24 hours Developing / maintaining supportive social support to internet facilities, printer Environment supporting engagement in daily activity Delayed need for other service engage in activity relationships and networks Office space involvement Adjust activity demands to fit service users abilities (incl. physical & Developing / maintaining independent living PLUS OT support worker Access to collaborative Reduction of identified risks social support Identify / increase access to resources to engage in valued Level 3-4 to support OT network/carers & working/liaison with wider Supporting engagement in leisure & exercise intervention plan, MDT (mental health and/or home Identify / increase access to resources that support supervised by OT (5-7); Vocational Enablement physical health) for joint To Organisation environment) engagement in a satisfying routine assessments & interventions Range: 18-36 hours Identify physical spaces that support engagement in valued Reviews: Access to specialist services Achievement of clinical outcome Average contact: 24 hours If need identified the activities Review occupational interventions for onward referral advice Achievement of patient related below should be Reassess IM&T equipment & mobile outcome considered. technology, lone working Achievement of national quality Outcomes may include: Liaise with care coordinator & wider MDT device, phone Communication indicators Clinical & management Communication & Interaction within activity skills within Reduced uptake of health and Discharge planning: supervision activity Develop ability to build and sustain positive relationships social care resources Provision of relapse prevention plan Education and development with a variety of people Mobility & Reduced dependence on physical programmes and resources Liaison with Care Co-ordinator to integrate coordination and mental health services e.g. books Mobility & coordination within activity occupational intervention plan with CPA care within activity Relapse prevention Develop capacity to assure adequate stability, movement Professional leadership Increased client stability and Work Assessment and energy to participate in daily activities Liaise with employer, voluntary engagement reducing overall Work organisations, other health professionals demand on services environment Improved social return on invest-Audit of OT & Occupational interventions Work readiness ment Complete OT outcome measures Social inclusion Appropriate assessment and Examples of outcome measures that may be information for funding used include: placements / housing panels / individualised budgets Model of Human Occupation Screening Tool Improved function and reduced Occupational Circumstances Assessment sick pay, sickness level and benefit Interview & Rating Scale payments Occupational Self Assessment Reduction in carer burden and Occupational Questionnaire increased ability for carers to continue their support to a service Assessment of Motor and Process Skills Worker Role Interview Work Environmental Impact Scale

Care Cluster: 12 Ongoing or Recurrent Psychosis (High disability)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Sessions generally weekly, Access to appropriate space To service user and carer Reengagement in self care, productivity (work) & leisure with Ability to engage in Difficulty engaging in self care, Goal setting and interventions to improve Depends on skill decreasing as function inself care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team to undertake OT assess-Development of confidence, self creases, usually to a maxi-(work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation ments and interventions. esteem and reinforcement of occupational identity mum of 12 months or until Motivation to engage in daily activity activities activities of service user: Specialist OT assessments personal goals of socially Moderate Challenges Maintained occupational identity Increase ability to identify short term goal inclusive and productive including relevant software With a specific focus This includes: Level 6-7 and wellbeing Motivation to engage in activity lifestyle achieved Increase awareness of what one enjoys Materials for activities and Increased ownership for recovery Qualified OT. Responsibilities and routines assessments, petty cash Positive focus on engagement Begin to feel enjoyment & satisfaction in doing things Exploring future options for activity Expected duration rather than problem orientated PLUS Communication skills within activity Access to support workers Motivation to Range: 2-24 months Rapport building & graded engagement contact Responsibilities and routines **OT** support as relevant engage in activity Organisation & problem solving Average: 12 months Development of a meaningful Education regarding management of worker Increase feeling of connection to others through regular Transport within activity lifestyle and achieving personal Responsibilities symptoms within activity Level 3-4 to participation in roles Occupational assessment, activity-related goals and routines Environment not supporting Administrative support support OT (Re) Establishing productive / valued Improved daily routine interventions, reviews, Increase ability to identify and follow a simple daily routine engagement in daily activity Communication intervention plan Direct payments discharge planning and Improved feeling of being skills within connected through roles Information leaflets for audit (OT 6-7) (Re) Establishing productive / valued roles Minor Challenges Communication & Interaction within activity activity Improved communication with service users, carers, MDT Mobility & coordination within Develop ability to cooperate with others during a task Developing / maintaining organisation and Organisation & Range: 21-68 hours Information on community Increased social network and activity problem solving within activity problem solving Average contact: 30 hours resources, services including interaction with social environment Organisation & problem solving within activity Developing / maintaining communication & within activity internet facilities, printer Enhanced problem solving skills Develop capacity to maintain concentration of completing a interaction skills within activity Understanding of within activity Office space PLUS OT support worker simple(2-3 steps) tasks Developing / maintaining supportive social environmental Increased feeling of control over Access to collaborative Level 3-4 to support OT support to relationships and networks environment Environment supporting engagement in daily activity intervention plan, working/liaison with wider engage in activity Reduced carer stress Environmental modification to support supervised by OT (6-7); MDT (mental health and/or Adjust activity demands to fit service users abilities Increased functional independence (incl. physical & engagement in activity physical health) for joint social support Maintenance of mental and/or Identify / increase access to resources to engage in valued Carer education and support Range: 13-27 hours assessments & interventions network/carers & physical health occupations Supporting Transitions in new physical and Average contact: 20 hours Access to specialist services Reduce vulnerability home Identify / increase access to resources that support Reduction of identified risks for onward referral advice environment) engagement in a satisfying routine Developing / maintaining independent living IM&T equipment & mobile To Organisation Identify physical spaces that support engagement in valued technology, lone working If need identified the Achievement of clinical outcome device, phone Liaison to enable independent living below should be Achievement of patient related Clinical & management Supporting engagement in leisure & exercise considered: supervision Outcomes may include Achievement of national quality Reviews: Education and development Mobility & Reduced dependence on physical Mobility & coordination within activity programmes and resources Review occupational interventions coordination e.g. books within activity Develop capacity to assure adequate stability, movement Reassess Reduced hospital / long term care Professional leadership and energy to participate in daily activities admission through prompt analysis Liaise with care coordinator & wider MDT of areas of risk and identification of strategies Effective discharge Discharge planning: Relapse prevention Provision of relapse prevention plan Increased client stability and engagement reducing overall Liaison with Care Co-ordinator to integrate demand on services occupational intervention plan with CPA care Improved social return on Liaise with employer, voluntary Reduction and containment of disturbed behaviour, potentially organisations, other health professionals reducing incidents and SUIs Social inclusion Audit of OT & Occupational interventions Reconnection of service user with Complete OT outcome measures social contacts and community resources to reduce re-admissions Appropriate assessment and information for funding Examples of outcome measures that may be placements / housing panels / used include individualised budgets Appropriate placement Model of Human Occupation Screening Tool Improved function and reduced Assessment of Motor and Process Skills sick pay, sickness level and benefit Assessment of Communication and Reduction in carer burden and Interaction Skills increased ability for carers to continue their support to service

Care Cluster: 13 Ongoing or Recurrent Psychosis (High symptom and disability)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Extended sessions (more To service user and carer Goal setting and interventions to improve Access to appropriate space Ability to engage in Difficulty engaging in self care, Reengagement in self care, productivity (work) & leisure with Depends on skill than 1 hour) generally 1-2 self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team to undertake OT assess-Development of confidence, self times weekly, decreasing as (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation ments and interventions. esteem and reinforcement of occupational identity function increases activities. activities Motivation to engage in daily activity of service user: Specialist OT assessments Moderate Challenges Maintained occupational identity Increase ability to identify short term goal Expected duration including relevant software This includes: With a specific focus Level 6-7 and wellbeing Motivation to engage in activity Range: 2-24 months Increase awareness of what one enjoys Materials for activities and Improved enjoyment of positive Qualified OT. Average: 12 months Responsibilities and routines Exploring future options for activity assessments, petty cash and socially acceptable activities Begin to feel enjoyment & satisfaction in doing things Increased ownership for recovery Communication skills within activity PLUS Access to support workers Building enjoyment when engaged in activity Motivation to Occupational assessment, Positive focus on engagement Responsibilities and routines **OT** support as relevant Organisation & problem solving interventions, reviews. engage in activity Re motivation process rather than problem orientated worker Increase feeling of connection to others through regular Transport contact within activity discharge planning and Responsibilities Rapport building & graded engagement Level 3-4 to audit (OT 6-7) participation in roles Development of a meaningful and routines Environment not supporting Administrative support Education regarding management of support OT lifestyle and achieving personal Increase ability to identify and follow a simple daily routine engagement in daily activity Communication symptoms within activity intervention plan. Direct payments activity-related goals Range: 29-93 hours skills within (Re) Establishing productive / valued Improved daily routine Information leaflets for Average contact: 38 hours Minor Challenges Communication & Interaction within activity activity Improved feeling of being service users, carers, MDT Mobility & coordination within Develop ability to cooperate with others during a task connected through roles Organisation & (Re) Establishing productive / valued roles Information on community Increased social network and activity problem solving PLUS OT support worker Developing / maintaining organisation and resources, services including interaction with social environment Organisation & problem solving within activity within activity Level 3-4 to support OT problem solving within activity internet facilities, printer Enhance problem solving skills Develop capacity to maintain concentration of completing a intervention plan, Understanding of Developing / maintaining communication & within activity Office space supervised by OT (6-7); simple(2-3 steps) tasks environmental Enhanced capacity to concentrate interaction skills within activity Access to collaborative support to within activity Developing / maintaining supportive social Environment supporting engagement in daily activity Range: 17-36 hours working/liaison with wider engage in activity Increased feeling of control over relationships and networks Average contact: 23 hours MDT (mental health and/or environment Adjust activity demands to fit service users abilities (incl. physical & Environmental modification to support physical health) for joint Reduced carer stress social support Identify / increase access to resources to engage in valued assessments & interventions engagement in activity Increased functional independence network/carers & Carer education and support Access to specialist services Maintenance of mental and/or home Identify / increase access to resources that support physical health for onward referral advice environment) Supporting Transitions in new physical and engagement in a satisfying routine Reduced impact on engagement in social environments IM&T equipment & mobile activity as illness progresses Identify physical spaces that support engagement in valued Carer education and support technology, lone working Reduce vulnerability If need identified the activities device, phone Developing / maintaining independent living Reduction of identified risks below should be Clinical & management considered: To Organisation supervision Liaison to enable independent living Outcomes may include Achievement of clinical outcome Education and development Supporting engagement in leisure and Mobility & Achievement of patient related Mobility & coordination within activity programmes and resources exercise coordination e.g. books within activity Develop capacity to assure adequate stability, movement Achievement of national quality Reviews: Professional leadership and energy to participate in daily activities Review occupational interventions Reduced dependence on physical and mental health services Reduced hospital / long term care Liaise with care coordinator & wider MDT admission through prompt analysis of areas of risk and identification of team strategies Discharge planning: Effective discharge Provision of relapse prevention plan Relapse prevention Liaison with Care Co-ordinator to integrate Increased client stability and engagement reducing overall demand on services occupational intervention plan with CPA care Improved social return on Liaise with employer voluntary investment organisations, other health professionals Reduction and containment of disturbed behaviour, potentially Audit of OT & Occupational interventions reducing incidents and SUIs Social inclusion Complete OT outcome measures Reconnection of service user with social contacts and community Examples of outcome measures that may be resources to reduce re-admissions Appropriate assessment and information for funding Model of Human Occupation Screening Tool placements / housing panels / Assessment of Motor and Process Skills individualised budgets Appropriate placement Assessment of Communication and Reduction in carer burden and Interaction Skills increased ability for carers to continue support to service user

Care Cluster: 14 Psychotic Crisis

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & leisure activities self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities Depends on skill Access to appropriate space To service user and carer Ability to engage in Reengagement in self care, productivity (work) & leisure with Daily contact during crisis or Difficulty engaging in self care, Goal setting and interventions to improve self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team while on ward, decreasing as to undertake OT assess-Development of confidence, self (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation function improves or followments and interventions. esteem and reinforcement of Motivation to engage in daily activity ing discharge. activities activities of service user: Specialist OT assessments occupational identity Moderate Challenges Maintained occupational identity Increase ability to identify short term goal including relevant software With a specific focus This includes: Level 5-7 Expected duration and wellbeing Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Qualified OT. Range: 1-3 months Improved enjoyment of positive Responsibilities and routines assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Average: 2 months and socially acceptable activities Building self efficacy to engage with activity Communication skills within activity PLUS Access to support workers Increased ownership for recovery Motivation to Exploring future options for activity Responsibilities and routines **OT** support Occupational assessment, as relevant engage in activity Organisation & problem solving Positive focus on engagement Building enjoyment when engaged in activity worker interventions, reviews. rather than problem orientated Increase feeling of connection to others through regular Transport within activity Responsibilities Level 3-4 to discharge planning and contact participation in roles Rapport building & graded engagement and routines Environment not supporting Administrative support support OT audit (OT 5-7) Development of a meaningful Increase ability to identify and follow a simple daily routine Education regarding management of engagement in daily activity Communication intervention plan. Direct payments lifestyle and achieving personal symptoms within activity activity-related goals skills within Range: 15-40 hours Information leaflets for Minor Challenges Communication & Interaction within activity Improved daily routine (Re) Establishing productive / valued Average contact: 22 hours activity service users, carers, MDT Mobility & coordination within Develop ability to cooperate with others during a task Improved feeling of being Organisation & Information on community connected through roles activity problem solving (Re) Establishing productive / valued roles resources, services including Improved communication with PLUS OT support worker Organisation & problem solving within activity within activity Lifestyle adjustment internet facilities, printer Level 3-4 to support OT Develop capacity to maintain concentration of completing a Understanding of Enhance problem solving skills Developing / maintaining organisation and Office space intervention plan. simple(2-3 steps) tasks environmental within activity supervised by OT (5-7); problem solving within activity Access to collaborative support to Enhance capacity to concentrate Environment supporting engagement in daily activity Developing / maintaining communication & working/liaison with wider engage in activity within activity Range: 14-34 hours interaction skills within activity MDT (mental health and/or Adjust activity demands to fit service users abilities (incl. physical & Increased feeling of control over Average contact: 22 hours physical health) for joint Environmental modification to support social support environment Identify / increase access to resources to engage in valued assessments & interventions network/carers & engagement in activity Reduced carer stress occupations Access to specialist services home Supporting Transitions in new physical and Increased functional independence Identify / increase access to resources that support for onward referral, advice environment) Reduce vulnerability social environments engagement in a satisfying routine IM&T equipment & mobile Reduction of identified risks Consultation, liaison and advice Identify physical spaces that support engagement in valued technology, lone working Developing / maintaining independent living If need identified the To Organisation device, phone below should be Clinical & management Achievement of clinical outcome considered: Supporting engagement in leisure & exercise supervision Achievement of patient related Outcomes may include Vocational guidance, signposting and advice outcome Education and development Mobility & Achievement of national quality Mobility & coordination within activity programmes and resources coordination Reviews: indicators e.g. books within activity Develop capacity to assure adequate stability, movement Reduced hospital / long term care Review occupational interventions Professional leadership and energy to participate in daily activities admission through prompt analysis Work Assessment of areas of risk and identification of strategies Liaise with care coordinator & wider MDT Work Effective discharge environment Increased client stability and Work readiness engagement reducing overall demand on services Discharge planning: Provision of relapse prevention plan Improved social return on Liaison with Care Co-ordinator to integrate Reduction and containment of occupational intervention plan with CPA care disturbed behaviour, potentially reducing incidents and SUIs Liaise with employer, voluntary Decrease in self harming behaviour organisations, other health professionals Social inclusion Reconnection of service user with Audit of OT & Occupational interventions social contacts and community Complete OT outcome measures resources to reduce re-admissions Appropriate assessment and information for funding Examples of outcome measures that may be placements / housing panels / individualised budgets Appropriate placement Model of Human Occupation Screening Tool Reduction in carer burden and Assessment of Motor and Process Skills increased ability for carers to continue their support to service Assessment of Communication and

Occupational Therapy Care Packages in Mental Health (2010).

Interaction Skills

Contribution to formation of

diagnosis

Care Cluster: 15 Severe Psychotic Depression

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Access to appropriate space To service user and carer Reengagement in self care, productivity (work) & leisure with Goal setting and interventions to improve Daily contact during crisis or Ability to engage in Difficulty engaging in self care, Depends on skill self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team while on ward, decreasing as to undertake OT assess-Development of confidence, self (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation function improves or followments and interventions. esteem and reinforcement of activities Motivation to engage in daily activity ing discharge. activities of service user: Specialist OT assessments occupational identity Severe challenges Maintained occupational identity Increase ability to identify short term goal including relevant software This includes: Expected duration With a specific focus Level 5-6 and wellbeing Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Improved enjoyment of positive Qualified OT. Range: 2-6 months Responsibilities and routines assessments, petty cash and socially acceptable activities Begin to feel enjoyment & satisfaction in doing things Building self efficacy to engage with activity Average: 4 months Increased ownership for recovery PLUS Access to support workers Motivation to Exploring future options for activity Moderate Challenges Development of a meaningful Responsibilities and routines **OT** support Occupational assessment, as relevant engage in activity Building enjoyment when engaged in activity lifestyle and achieving personal worker interventions, reviews. Increase feeling of connection to others through regular Transport activity-related goals Responsibilities Communication skills within activity Re motivation process Level 3-4 to discharge planning and participation in roles Improved daily routine and routines Administrative support audit (OT 5-6) support OT Organisation & problem solving Rapport building & graded engagement Increase ability to identify and follow a simple daily routine Improved feeling of being Communication intervention plan. Direct payments within activity (Re) Establishing productive / valued connected through roles skills within Range: 10-30 hours Information leaflets for Mobility & coordination within Improved communication with Communication skills within activity Average contact: 20 hours activity service users, carers, MDT (Re) Establishing productive / valued roles Develop ability to cooperate with others during a task Organisation & Increased social network and Information on community Environment not supporting Lifestyle adjustment interaction with social environment problem solving resources, services including PLUS OT support worker engagement in daily activity Organisation & problem solving within activity Developing / maintaining organisation and Enhance problem solving skills within activity internet facilities, printer Level 3-4 to support OT Develop capacity to maintain concentration of completing a within activity problem solving within activity Understanding of Office space intervention plan. Enhance capacity to concentrate simple(2-3 steps) tasks Developing / maintaining supportive social environmental supervised by OT (5-6); within activity Access to collaborative support to relationships and networks Ability to negotiate environment Mobility & coordination within activity working/liaison with wider engage in activity Environmental modification to support Range: 12-34 hours Reduced carer stress MDT (mental health and/or Develop capacity to assure adequate stability, movement (incl. physical & engagement in activity Average contact: 24 hours physical health) for joint Increased functional independence social support and energy to participate in daily activities Supporting Transitions in new physical and assessments & interventions Maintenance of mental and/or network/carers & social environments physical health Access to specialist services home Environment supporting engagement in daily activity Reduce vulnerability Carer education and support for onward referral, advice environment) Adjust activity demands to fit service users abilities Reduction of identified risks Consultation, liaison and advice IM&T equipment & mobile Identify / increase access to resources to engage in valued If need identified the Developing / maintaining independent living technology, lone working To Organisation below should be device, phone Identify / increase access to resources that support Achievement of clinical outcome considered: Supporting engagement in leisure & exercise Clinical & management engagement in a satisfying routine Achievement of patient related supervision outcome Mobility & Identify physical spaces that support engagement in valued Reviews: Education and development Achievement of national quality coordination activities Review occupational interventions indicators programmes and resources within activity Reduced hospital / long term care e.g. books admission through prompt analysis of areas of risk and identification of Professional leadership Liaise with care coordinator & wider MDT strategies team Effective discharge Discharge planning: Relapse prevention Provision of relapse prevention plan Increased client stability and engagement reducing overall Liaison with Care Co-ordinator to integrate demand on services occupational intervention plan with CPA care Improved social return on investment Decrease in self harming behaviour Liaise with employer, voluntary organisations, other health professionals Social inclusion Reconnection of service user with Audit of OT & Occupational interventions social contacts and community resources to reduce re-admissions Complete OT outcome measures Appropriate assessment and information for funding placements / housing panels Examples of outcome measures that may be individualised budgets used include. Appropriate placement Model of Human Occupation Screening Tool Improved function and reduced Assessment of Motor and Process Skills sick pay, sickness level and benefit Assessment of Communication and Reduction in carer burden and Interaction Skills increased ability for carers to continue their support to a service Worker Role Interview Work Environment Impact Scale Contribution to formation of diagnosis

Care Cluster: 16 Dual Diagnosis

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & leisure activities self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities Depends on skill Access to appropriate space To service user and carer Ability to engage in Reengagement in self care, productivity (work) & leisure with Goal setting and interventions to improve Difficulty engaging in self care, Extended sessions (more self care productivity productivity (work) & leisure activities specific improvement in: engagement in self care, productivity (i.e., work) mix of OT team than 1 hour) generally to undertake OT assess-Development of confidence, self (work) & leisure due to below challenges & leisure (e.g., sports, exercise, hobbies) and presentation weekly, decreasing as funcments and interventions. esteem and reinforcement of activities. Motivation to engage in daily activity tion increases, or until peractivities of service user: Specialist OT assessments occupational identity Severe challenges sonal goals of socially inclu- Increase ability to identify short term goal including relevant software Maintained occupational identity This includes: With a specific focus Level 6-7 sive and productive lifestyle Motivation to engage in activity and wellbeing Increase awareness of what one enjoys Materials for activities and Qualified OT. achieved. Responsibilities and routines Improved enjoyment of positive assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Building self efficacy to engage with activity and socially acceptable activities Expected duration Access to support workers Motivation to Exploring future options for activity Increased ownership for recovery Moderate Challenges Responsibilities and routines Range: 4-18 months as relevant engage in activity Building enjoyment when engaged in activity Positive focus on engagement Communication skills within activity Average: 9 months Increase feeling of connection to others through regular Transport Responsibilities rather than problem orientated Rapport building & graded engagement Organisation & problem solving participation in roles contact and routines Administrative support Occupational assessment, within activity Education regarding management of Increase ability to identify and follow a simple daily routine Development of a meaningful Communication interventions, reviews. Direct payments symptoms within activity Environment not supporting lifestyle and achieving personal discharge planning and skills within Information leaflets for (Re) Establishing productive / valued activity-related goals engagement in daily activity Communication skills within activity audit (OT 6-7) activity service users, carers, MDT Improved daily routine Develop ability to cooperate with others during a task Organisation & Minor Challenges Information on community Improved feeling of being (Re) Establishing productive / valued roles Range: 22-59 hours problem solving resources, services including connected through roles Mobility & coordination within Average contact: 48 hours Organisation & problem solving within activity Lifestyle adjustment within activity internet facilities, printer Enhance problem solving skills Develop capacity to maintain concentration of completing a Developing / maintaining organisation and Understanding of within activity Office space simple(2-3 steps) tasks problem solving within activity environmental Reduced carer stress Access to collaborative support to Developing / maintaining supportive social Increased functional independence Environment not supporting engagement in daily activity working/liaison with wider engage in activity relationships and networks Maintenance of mental and/or MDT (mental health and/or (incl. physical & Adjust activity demands to fit service users abilities Supporting Transitions in new physical and physical health physical health) for joint social support Identify / increase access to resources to engage in valued social environments Reduce vulnerability assessments & interventions network/carers & occupations Carer education and support Reduction of identified risks Access to specialist services home Identify / increase access to resources that support for onward referral, advice Consultation liaison and advice environment) engagement in a satisfying routine To Organisation IM&T equipment & mobile Developing / maintaining independent living Identify physical spaces that support engagement in valued technology, lone working Achievement of clinical outcome If need identified the activities device, phone Achievement of patient related Liaison to enable independent living below should be Clinical & management outcome Supporting engagement in leisure & exercise considered: supervision Achievement of national quality Outcomes may include: indicators Reviews: Education and development Mobility & Reduced dependence on physical Mobility & coordination within activity programmes and resources Review occupational interventions coordination and mental health services e.g. books Develop capacity to assure adequate stability, movement within activity Reassess Reduced hospital / long term care Professional leadership and energy to participate in daily activities admission through prompt analysis Liaise with care coordinator & wider MDT of areas of risk and identification of Effective discharge Discharge planning: Relapse prevention Provision of relapse prevention plan Increased client stability and Liaison with Care Co-ordinator to integrate engagement reducing overall occupational intervention plan with CPA care demand on services Improved social return on Liaise with employer, voluntary investment organisations, other health professionals Reduction and containment of disturbed behaviour, potentially Audit of OT & Occupational interventions reducing incidents and SUIs Social inclusion Complete OT outcome measures Reconnection of service user with social contacts and community Examples of outcome measures that may be resources to reduce re-admissions used include. Appropriate assessment and information for funding place-Model of Human Occupation Screening Tool ments / housing panels / Occupational Circumstances Assessment individualised budgets Interview & Rating Scale Appropriate placement Reduction in carer burden and Assessment of Motor and Process Skills increased ability for carers to Assessment of Communication and continue their support to a service Interaction Skills

Care Cluster: 17 Psychosis and Affective Disorder (Difficult to engage)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities Goal setting and interventions to improve Reengagement in self care, productivity (work) & leisure with Access to appropriate space Ability to engage in Difficulty engaging in self care, Depends on skill Extended sessions (more To service user and carer engagement in self care, productivity (i.e., work) & leisure (e.g., sports, exercise, hobbies) self care productivity productivity (work) & leisure activities specific improvement in: mix of OT team than 1 hour) initially to undertake OT assess-(work) & leisure due to below challenges and presentation -weekly weekly, decreasing ments and interventions. Development of confidence, self activities. Motivation to engage in daily activity activities of service user: as function increases Specialist OT assessments esteem and reinforcement of occupational identity Severe challenges Increase ability to identify short term goal This includes: including relevant software With a specific focus Level 6-7 Maintained occupational identity Expected duration Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and and wellbeing Qualified OT. Range: 6-24 months Responsibilities and routines Exploring future options for activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Improved enjoyment of positive Average: 15 months Building enjoyment when engaged in activity and socially acceptable activities PLUS Access to support workers Motivation to Moderate Challenges Responsibilities and routines Re motivation process **OT** support Occupational assessment, as relevant Increased ownership for recovery engage in activity Communication skills within activity Positive focus on engagement Rapport building & graded engagement worker interventions, reviews. Increase feeling of connection to others through regular Transport Responsibilities Level 3-4 to discharge planning and rather than problem orientated Organisation & problem solving participation in roles Education regarding management of and routines Administrative support contact support OT audit (OT 6-7) symptoms within activity within activity Increase ability to identify and follow a simple daily routine Communication intervention plan. Direct payments Improved daily routine (Re) Establishing productive / valued Environment not supporting Improved feeling of being skills within Range: 64-172 hours Information leaflets for engagement in activity Communication skills within activity Average contact: 95 hours connected through roles activity service users, carers, MDT (Re) Establishing productive / valued roles Develop ability to cooperate with others during a task Increased social network and Organisation & Minor Challenges Developing / maintaining organisation and Information on community PLUS OT support worker interaction with social environment problem solving resources, services including problem solving within activity Mobility & coordination within Enhance capacity to concentrate Organisation & problem solving within activity Level 3-4 to support OT within activity internet facilities, printer Developing / maintaining communication & intervention plan, within activity Develop capacity to maintain concentration of completing a Understanding of interaction skills within activity Office space supervised by OT (6-7): Reduced carer stress simple(2-3 steps) tasks environmental Developing / maintaining supportive social Increased functional independence Access to collaborative support to relationships and networks Range: 41-150 hours Maintenance of mental and/or Environment not supporting engagement in daily activity working/liaison with wider engage in activity Supporting Transitions in new physical and Average contact: 101 hours physical health MDT (mental health and/or Adjust activity demands to fit service users abilities (incl. physical & social environments Reduce vulnerability physical health) for joint social support Identify / increase access to resources to engage in valued Carer education and support assessments & interventions Reduction of identified risks network/carers & occupations Consultation, liaison and advice Access to specialist services home Identify / increase access to resources that support To Organisation Developing / maintaining independent living for onward referral, advice environment) engagement in a satisfying routine IM&T equipment & mobile Achievement of clinical outcome Identify physical spaces that support engagement in valued Liaison to enable independent living technology, lone working Achievement of patient related If need identified the Supporting engagement in leisure and device, phone outcome below should be exercise Clinical & management Achievement of national quality considered: Vocational enablement supervision indicators Outcomes may include Reduced dependence on physical Education and development Reviews Mobility & and mental health services Mobility & coordination within activity programmes and resources Review occupational interventions coordination Reduced hospital / long term care e.g. books within activity Develop capacity to assure adequate stability, movement admission through prompt analysis Professional leadership and energy to participate in daily activities of areas of risk and identification of Liaise with care coordinator & wider MDT Work Assessment strategies Effective discharge Work Discharge planning: Relapse prevention environment Provision of relapse prevention plan Increased client stability and Work readiness engagement reducing overall Liaison with Care Co-ordinator to integrate demand on services occupational intervention plan with CPA care Improved social return on Liaise with employer, voluntary Reduction and containment of organisations, other health professionals disturbed behaviour, potentially reducing incidents and SUIs Audit of OT & Occupational interventions Decrease in self harming behaviour Complete OT outcome measures Social inclusion Reconnection of service user with Examples of outcome measures that may be social contacts and community resources to reduce re-admissions Model of Human Occupation Screening Tool Appropriate assessment and Occupational Circumstances Assessment information for funding placements / housing panels Interview & Rating Scale individualised budgets Volitional Questionnaire Appropriate placement Assessment of Motor and Process Skills Reduction in carer burden and Assessment of Communication and increased ability for carers to continue their support to a service Interaction Skills Worker Role Interview

Care Cluster: 18 Cognitive Impairment (low need)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Outcome of therapeutic encounter Skill/level Contact Resource Added value Intervention leisure activities leisure activities Depends on skill Access to appropriate space Ability to engage in Reengagement in self care, productivity (work) & leisure with Difficulty engaging in self care, Goal setting and interventions to improve en-Extended sessions generally To service user and carer self care productivity productivity (work) & leisure activities specific improvement in: gagement in self care, productivity (i.e., work) & mix of OT team weekly decreasing as to undertake OT assess-(work) & leisure due to below challenges leisure (e.g., sports, exercise, hobbies) and presentation engagement in activity ments and interventions. Development of confidence, self Motivation to engage in activity activities activities of service user: increases Specialist OT assessments esteem and reinforcement of Moderate Challenges Increase ability to identify short term goal including relevant software occupational identity Expected duration With a specific focus This includes: Level 5-7 Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Improved quality of life Qualified OT. Range: 2-6 months Responsibilities and routines assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Increased ownership for recovery Average: 4 months Building self efficacy to engage with activity Specialist enabling disability Organisation & problem solving PLUS Motivation to Improved daily routine Education regarding management of within activity Responsibilities and routines OT support Occupational assessment, and technological telecare engage in activity symptoms within activity Improved feeling of being worker Level 3-4 interventions, reviews. related equipment Environment not supporting Increase feeling of connection to others through regular Responsibilities connected through roles (Re) Establishing productive / valued to <u>support</u>OT discharge planning and orientation aids engagement in activity participation in roles and routines audit (OT 5-7) Increased social network and intervention plan. Access to support workers Increase ability to identify and follow a simple daily routine Organisation & interaction with social environment (Re) Establishing productive / valued roles as relevant problem solving Range: 3-23 hours Enhance problem solving skills Minor Challenges Lifestyle adjustment Organisation & problem solving within activity Transport Average contact: 18 hours within activity within activity Communication skills within activity Develop capacity to maintain concentration of completing a Developing capacity to assure adequate Administrative support Cognitive ability Increased feeling of control over Mobility & coordination within simple(2-3 steps) tasks stability, movement and energy to participate PLUS OT support worker Direct payments Understanding of environment activity Level 3-4 to support OT environmental Information leaflets for Environment not supporting engagement in daily activity intervention plan, as Ability to negotiate environment Developing / maintaining organisation and service users, carers, MDT support to guided by OT (5-7); Adjust activity demands to fit service users abilities Reduced carer stress problem solving within activity engage in activity Information on community Identify / increase access to resources to engage in valued Developing / maintaining supportive social Increased functional independence (incl. physical & Range: 2-38 hours resources, services including social support relationships and networks internet facilities, printer Maintenance of mental and/or Average contact: 21 hours network/carers & Identify / increase access to resources that support Environmental modification to support physical health Office space engagement in a satisfying routine engagement in activity Reduced impact on engagement in Access to collaborative environment) Identify physical spaces that support engagement in valued Assistive Technology activity as illness progresses working/liaison with wider activities If need identified the Carer education and support Reduction of identified risks MDT (mental health and/or below should be physical health) for joint Consultation, liaison and advice considered: assessments & interventions To Organisation Outcomes may include: Developing / maintaining independent living Access to specialist services Communication Achievement of clinical outcome for onward referral advice Communication skills within activity Liaison to enable independent living skills within IM&T equipment & mobile Achievement of patient related Develop ability to build and sustain positive relationships with Supporting engagement in leisure & exercise activity technology, lone working outcome a variety of people Mobility & device, phone Achievement of national quality Reviews: coordination Clinical & management Mobility & coordination within activity indicators within activity Review occupational interventions supervision Develop capacity to assure adequate stability, movement Reduced uptake of health and Education and development and energy to participate in daily activities social care resources Liaise with carers, care coordinator & wider programmes and resources Reduced dependence on physical e.g. books and mental health services Professional leadership Improved social return on Discharge planning: investmen Provision of relapse prevention plan Reduction in risk of injury / Liaison with Care Co-ordinator to integrate accident / falls that would result in occupational intervention plan with CPA care accessing physical service Social inclusion Liaise with voluntary organisations, other Reconnection of service user with health professionals social contacts and community resources to reduce re-admissions Audit of OT & Occupational interventions Appropriate assessment and Complete OT outcome measures information for funding placements / housing panels / Examples of outcome measures that may be individualised budgets used include: Reduction in carer burden and Model of Human Occupation Screening Tool increased ability for carers to Occupational Circumstances Assessment continue their support to a service Interview & Rating Scale Assessment of Motor and Process Skills Contribution to formation of diagnosis

Care Cluster: 19 Cognitive impairment or dementia complicated (Moderate Need)

Occupational Therapy Challenges engaging in Assessment of self care, productivity, & self care, productivity, & Skill/level Contact Resource Added value Outcome of the rapeutic encounter Intervention leisure activities leisure activities To service user and care Reengagement in self care, productivity (work) & leisure with Goal setting and interventions to improve en-Access to appropriate space Ability to engage in Difficulty engaging in self care, Depends on skill Extended sessions generally self care productivity productivity (work) & leisure activities specific improvement in: gagement in self care, productivity (i.e., work) & mix of OT team weekly decreasing as to undertake OT assess-Maintained occupational identity (work) & leisure due to below challenges leisure (e.g., sports, exercise, hobbies) and presentation engagement in activity ments and interventions. and wellbeing activities activities Motivation to engage in activity of service user: increases Specialist OT assessments Improved quality of life Moderate Challenges Increase ability to identify short term goal including relevant software This includes: Improved daily routine Level 5-7 With a specific focus Expected duration Motivation to engage in activity Increase awareness of what one enjoys Materials for activities and Qualified OT. Range: 2-9 months Improved feeling of being Responsibilities and routines Building self efficacy to engage with activity assessments, petty cash Begin to feel enjoyment & satisfaction in doing things Average: 6 months connected through roles Specialist enabling disability Communication skills within PLUS Increased social network and Building enjoyment when engaged in activity Motivation to Responsibilities and routines OT support Occupational assessment, and technological telecare interaction with social environment (Re) Establishing productive / valued engage in activity worker Level 3-4 interventions, reviews. related equipment Increase feeling of connection to others through regular Enhance problem solving skills Organisation & problem solving Responsibilities to <u>support</u>OT discharge planning and orientation aids within activity participation in roles within activity and routines (Re) Establishing productive / valued roles audit (OT 6-7) intervention plan. Increased feeling of control over Access to support workers Mobility & coordination within Increase ability to identify and follow a simple daily routine Communication Lifestyle adjustment environment as relevant activity skills within Developing capacity to assure adequate Range: 5-68 hours Ability to negotiate environment Communication skills within activity Transport Environment not supporting Average contact: 23 hours activity stability, movement and energy to participate Reduced carer stress Develop ability to cooperate with others during a task Administrative support engagement in activity in activity Organisation & Increased functional independence Developing / maintaining organisation and Direct payments problem solvina Organisation & problem solving within activity PLUS OT support worker Maintenance of mental and/or within activity problem solving within activity Information leaflets for Level 3-4 to support OT physical health Develop capacity to maintain concentration of completing a Engaging in meaningful activities that Cognitive ability service users, carers, MDT intervention plan, as Reduced impact on engagement in simple(2-3 steps) tasks maximise sensory opportunities to allow Mobility & guided by OT (5-7); Information on community activity as illness progresses more engagement in a broader range of coordination resources, services including Mobility & coordination within activity Reduce vulnerability environments within activity Range: 3-55 hours internet facilities, printer Reduction of identified risks Develop capacity to assure adequate stability, movement Environmental modification to support Average contact: 24 hours Understanding of Office space and energy to participate in daily activities engagement in activity To Organisation environmental Access to collaborative Assistive Technology support to Environment not supporting engagement in daily activity working/liaison with wider Achievement of clinical outcome Supporting Transitions in new physical and engage in activity MDT (mental health and/or Adjust activity demands to fit service users abilities Achievement of patient related (incl. physical & physical health) for joint outcome Identify / increase access to resources to engage in valued social support Carer education and support assessments & interventions Achievement of national quality network/carers & Consultation, liaison and advice Access to specialist services indicators Identify / increase access to resources that support Liaison to enable independent living for onward referral, advice Reduced uptake of health and environment) engagement in a satisfying routine Supporting engagement in leisure & exercise IM&T equipment & mobile social care resources Identify physical spaces that support engagement in valued Reduced dependence on physical technology, lone working activities Reviews: device, phone and mental health services Review occupational interventions Reduced hospital / long term care Clinical & management admission through prompt analysis Reassess supervision of areas of risk and identification of Liaise with carers, care coordinator & wider Education and development strategies MDT team programmes and resources Effective discharge e.g. books Improved social return on Discharge planning: Professional leadership investment Provision of relapse prevention plan Reduction and containment of Liaison with Care Co-ordinator to integrate disturbed behaviour, potentially occupational intervention plan with CPA care reducing incidents and SUIs Reduction in risk of injury / Liaise with voluntary organisations, other accident / falls that would result in health professionals accessing physical service Social inclusion Audit of OT & Occupational interventions Reconnection of service user with Complete OT outcome measures social contacts and community resources to reduce re-admissions Appropriate assessment and Examples of outcome measures that may be information for funding used include. placements / housing panels / Model of Human Occupation Screening Tool individualised budgets Volitional Questionnaire Appropriate placement Assessment of Motor and Process Skills Reduction in carer burden and Assessment of Communication and increased ability for carers to continue their support to a service Interaction Skills

Care Cluster: 20 Cognitive Impairment or Dementia complicated (High Need)

Occupational Therapy

Assessment of self care, productivity, & leisure activities

Challenges engaging in self care, productivity, & leisure activities

Outcome of therapeutic encounter

Intervention

Skill/level

Contact

Resource

Added value

Ability to engage in self care productivity (work) & leisure activities

With a specific focus on:

- Motivation to engage in activity
- Responsibilities and routines
- Communication skills within activity
- Organisation & problem solving within activity
- Mobility & coordination within activity
- Understanding of environmental support to engage in activity (incl. physical & social support network/carers & home environment)
- Life story

Difficulty engaging in self care, productivity (work) & leisure activities due to below challenges

Severe Challenges

- Responsibilities and routines
- Organisation & problem solving within activity
- Motivation to engage in activity

Moderate Challenges

- Communication skills within activity
- Mobility & coordination within
- Environment not supporting engagement in activity

Reengagement in self care, productivity (work) & leisure with specific improvement in:

Responsibilities and routines

- Increase ability to identify and follow a simple daily routine
- Increase ability to take on a simple role in a group

Organisation & problem solving within activity

Develop capacity to retain and follow simple instructions for 2-3 step activities

Motivation to engage in activity

- Increase ability to identify short term goal
- Increase awareness of what one enjoys
- Begin to feel enjoyment & satisfaction in doing things

Communication skills within activity

Develop ability to cooperate with others during a task

Mobility & coordination within activity

Develop capacity to assure adequate stability, movement and energy to participate in daily activities

Environment not supporting engagement in daily activity

- Adjust activity demands to fit service users abilities
- Identify / increase access to resources to engage in valued
- Identify / increase access to resources that support engagement in a satisfying routine
- Identify physical spaces that support engagement in valued activities

Goal setting and interventions to improve engagement in self care, productivity (i.e., work) & leisure (e.g., sports, exercise, hobbies) activities

This includes:

- Building self efficacy to engage with activity
- Building enjoyment when engaged in activity
- Rapport building & graded engagement
- Developing capacity to assure adequate stability, movement and energy to participate in activity
- Developing / maintaining organisation and problem solving within activity
- Engaging in meaningful activities that maximise sensory opportunities to allow more engagement in a broader range of environments
- Environmental modification to support engagement in activity
- Assistive Technology
- Supporting Transitions in new physical and social environments
- Carer education and support
- Consultation, liaison and advice

Reviews:

- Review occupational interventions
- Reassess
- Liaise with carers, care coordinator & wider MDT team

Discharge planning:

- Provision of relapse prevention plan
- Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care
- Liaise with voluntary organisations, other health professionals

Audit of OT & Occupational interventions

Complete OT outcome measures

Examples of outcome measures that may be

- Model of Human Occupation Screening Tool
- Volitional Questionnaire
- Assessment of Motor and Process Skills
- Assessment of Communication and Interaction Skills

Depends on skill mix of OT team and presentation of service user:

Level 6-7 Qualified OT

PLUS OT support worker Level 3-4 to *support* OT intervention plan

Extended sessions generally weekly decreasing as engagement in activity increases

Expected duration Range: 2-12 months Average: 6 months

Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7)

Range: 6-64 hours Average contact: 31 hours

PLUS OT support worker Level 3-4 to support OT intervention plan, as guided by OT (6-7);

Range: 2-55 hours Average contact: 27 hours

Access to appropriate space to undertake OT assessments and interventions. Specialist OT assessments

related equipment

orientation aids

as relevant

Transport

- including relevant software
- Materials for activities and assessments, petty cash
- Specialist enabling disability interaction with social environment and technological telecare

 - Increased feeling of control over environment
 - Reduced carer stress
- Administrative support
- Direct payments Information leaflets for service users, carers, MDT

Access to support workers

- Information on community resources, services including internet facilities, printer
- Office space
- Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments & interventions
- Access to specialist services for onward referral, advice
- IM&T equipment & mobile technology, lone working device, phone
- Clinical & management supervision
- Education and development programmes and resources e.g. books
- Professional leadership

- To service user and carer
- Maintained occupational identity and wellbeing
- Improved quality of life Improved daily routine
- Improved feeling of being connected through roles
- Increased social network and
- Enhance problem solving skills
- Ability to negotiate environment
- Increased functional independence Maintenance of mental and/or
- Reduced impact on engagement in
- activity as illness progresses Reduce vulnerability
- Reduction of identified risks
- To Organisation
- Achievement of clinical outcome
- Achievement of patient related outcome
- Achievement of national quality indicators Reduced uptake of health and
- social care resources Reduced dependence on physical
- and mental health services Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of
- strategies Effective discharge
- Improved social return on investment
- Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs
- Reduction in risk of injury / accident / falls that would result in accessing physical service
- Social inclusion
- Reconnection of service user with social contacts and community resources to reduce re-admissions
- Appropriate assessment and information for funding placements / housing panels / individualised budgets
- Appropriate placement
- Reduction in carer burden and increased ability for carers to continue their support to a service

Care Cluster: 21 Cognitive Impairment or Dementia complicated (High Need)

Occupational Therapy							
Assessment of self care, productivity, & leisure activities	Challenges engaging in self care, productivity, & leisure activities	Outcome of therapeutic encounter	Intervention	Skill/level	Contact	Resource	Added value
Ability to engage in self care productivity (work) & leisure activities With a specific focus on: Motivation to engage in activity Responsibilities and routines Communication skills within activity Organisation & problem solving within activity Mobility & coordination within activity Understanding of environmental support to engage in activity (incl. physical & social support network/carers & home environment) Life story	Organisation & problem solving within activity Motivation to engage in activity Moderate Challenges Communication skills within activity Mobility & coordination within activity Environment not supporting engagement in activity	Reengagement in self care, productivity (work) & leisure with specific improvement in: Responsibilities and routines Increase ability to identify and follow a simple daily routine Increase ability to take on a simple role in a group Organisation & problem solving within activity Increase ability to identify and follow a simple daily routine Increase ability to take on a simple role in a group Motivation to engage in activity Increase ability to identify short term goal Increase awareness of what one enjoys Begin to feel enjoyment & satisfaction in doing things Communication skills within activity Develop ability to cooperate with others during a task Mobility & coordination within activity Develop capacity to assure adequate stability, movement and energy to participate in daily activities Environment not supporting engagement in daily activity Adjust activity demands to fit service users abilities Identify / increase access to resources to engage in valued occupations Identify / increase access to resources that support engagement in a satisfying routine Identify physical spaces that support engagement in valued activities	Goal setting and interventions to improve engagement in self care, productivity (i.e., work) & leisure (e.g., sports, exercise, hobbies) activities. This includes: Building self efficacy to engage with activity Building enjoyment when engaged in activity Rapport building & graded engagement Developing capacity to assure adequate stability, movement and energy to participate in activity Developing / maintaining organisation and problem solving within activity Engaging in meaningful activities that maximise sensory opportunities to allow more engagement in a broader range of environments Environmental modification to support engagement in activity Assistive Technology Supporting Transitions in new physical and social environments Carer education and support Consultation, liaison and advice Reviews: Review occupational interventions Reassess Liaise with carers, care coordinator & wider MDT team Discharge planning: Provision of relapse prevention plan Liaison with Care Co-ordinator to integrate occupational intervention plan with CPA care plan Liaise with voluntary organisations, other health professionals Audit of OT & Occupational interventions Complete OT outcome measures Examples of outcome measures that may be used include: Model of Human Occupation Screening Tool Volitional Questionnaire Assessment of Motor and Process Skills Assessment of Communication and Interaction Skills	Depends on skill mix of OT team and presentation of service user: Level 6-7 Qualified OT. PLUS OT support worker Level 3-4 to support OT intervention plan.	Extended sessions generally weekly decreasing as engagement in activity increases. Expected duration Range: 1-4 months Average: 2 months Occupational assessment, interventions, reviews, discharge planning and audit (OT 6-7) Range: 6-34 hours Average contact: 24 hours PLUS OT support worker Level 3-4 to support OT intervention plan, as guided by OT (5-7); Range: 2-70 hours Average contact: 50 hours	 Access to appropriate space to undertake OT assessments and interventions. Specialist OT assessments including relevant software Materials for activities and assessments, petty cash Specialist enabling disability and technological telecare related equipment, orientation aids Access to support workers as relevant Transport Administrative support Direct payments Information leaflets for service users, carers, MDT Information on community resources, services including internet facilities, printer Office space Access to collaborative working/liaison with wider MDT (mental health and/or physical health) for joint assessments & interventions Access to specialist services for onward referral, advice IM&T equipment & mobile technology, lone working device, phone Clinical & management supervision Education and development programmes and resources e.g. books Professional leadership 	Maintained occupational identity and wellbeing Improved quality of life Improved feeling of being connected through roles Enhance capacity to concentrate within activity Ability to negotiate environment Reduced carer stress Maintenance of mental and/or physical health Reduced impact on engagement in activity as illness progresses Reduced vulnerability Reduction of identified risks To Organisation Achievement of clinical outcome Achievement of patient related outcome Achievement of national quality indicators Reduced uptake of health and social care resources Reduced hospital / long term care admission through prompt analysis of areas of risk and identification of strategies Improved social return on investment Reduction and containment of disturbed behaviour, potentially reducing incidents and SUIs Reduction in risk of injury / accident / falls that would result in accessing physical service Appropriate assessment and information for funding placements / housing panels / individualised budgets Appropriate placement Reduction in carer burden and increased ability for carers to continue their support to a service user